

# Sunbeam

Incwadi Yomsebenzi



Lencwadi ingeye \_\_\_\_\_

Northern Conference Edition

General Conference Youth Ministries Department



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# Uhlu lokuhlolwa lwe Sunbeam

Igama: \_\_\_\_\_ Usuku lokuqala: \_\_\_\_\_ Usuku lokuqedo: \_\_\_\_\_

## Isisekelo

1. Phinda ngekhanda wamkele Adventurer law.
2. Qedela i award yokufunda
3. Qedela i award yezikatho zonyaka

## UNkulunkulu Wami

1. Icebo lika Nkulunkulu ukungisindisa
  - a. Qamba istory chat esibonisa impilo kaJesu: Ukuzalwa, umbhabhadiso, izimanga, izindaba, ukufa, ukuvuka kanye nokubuyela eZulwini.
  - b. Thola indlela ehlabahlosile yokuxoxa ngezindaba ezingaphezulu ukubonisa ubumnandi bokusindiswa.
2. Isigijimi sikaNkulunkulu kimina
  - a. Qedela i award yebhayibeli
3. Amandla kaNkulunkulu empilweni yami
  - a. Yiba nezikathhi zokuthula noJesu ukhuluma naye futhi ufunda ngaye. Gcina irekhodi.
  - b. Buza abantu abathathu ngezitoro zabo abazithandayo ngoJesu" (Izitori ezikuma Gospel) nokuthi kungani.
  - c. Qedela i award yama parables kaJesu

## Mina Qobo

1. Ngikhethekile
  - a. Dweba isithombe sakho usihlobiseNgezithombe nangamagama ashokuhle ngawe.
  - b. Yabelana ngesithombe sakho neqembu lakho.
2. Ngingenza izinqumo ezihlakaniphile

- a. Bamba iqhaza emdlalweni noma emsebenzini mayelana nokukhetha.
3. Ngingawunakekela umzimba wami
  - a. Qedela iaward yokuqina komzimba

## Uhlu lokuhlolwa

### Isisekelo

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### UNkulunkulu Wami

1. a. \_\_\_\_\_  
b. \_\_\_\_\_
2. a. \_\_\_\_\_
3. a. \_\_\_\_\_  
b. \_\_\_\_\_  
c. \_\_\_\_\_

### Mina Qobo

1. a. \_\_\_\_\_  
b. \_\_\_\_\_
2. a. \_\_\_\_\_
3. a. \_\_\_\_\_

### Umndeni wami

1. Umhlaba wabangani
  - a. Qedela iaward yobummene.
2. Umhlaba wabanye abantu
  - a. Hlolisa indawo yangakini. Bhala izinto ezinhle ngendawo yangakini nezinto ongazenza kangcono.
3. Kuloluhlu olubhalile khetha indlela ube nesikhathi sokwenza indawo yangakini ibe ngcono.
4. Umhlaba wemvelo
  - a. Qedela iaward yomngani wemvelo

### Umhlaba wami

1. a. \_\_\_\_\_
2. a. \_\_\_\_\_  
b. \_\_\_\_\_
3. a. \_\_\_\_\_

1

- 1 Phinda ngekhanda wamukele umthetho wama Adventurer.

### Umthetho Adventurer

uJesu angangisiza uku:

- |               |                  |
|---------------|------------------|
| • Lalela      | • Ukuqaphelisia  |
| • Msulwa      | • Ukusiza        |
| • Neqiniso    | • Ngithokozile   |
| • Ukulunga    | • Ngocabangelayo |
| • Ukuhlonipha | • Ngohloniphayo  |

2

Qedela iaward yokufunda

Inikezwa ama Adventurers afundayo, noma alalelayo uma omunye efunda:

- 1. Izahluko ezimbili encwadini ka Mark enguqulelwani elula yesimanje yebhayibheli
- 2. Indatshana yebhayibheli noma incwadi ngo Jesu.
- 3. Incwadi ngezempiro nokuphepha
- 4. . Incwadi ngeminden, abangani, noma imizwa.
- 5. Incwadi yomlando noma imisebenzi.
- 6. Incwadi ngemvelo.



# Uhlelo lokufunda



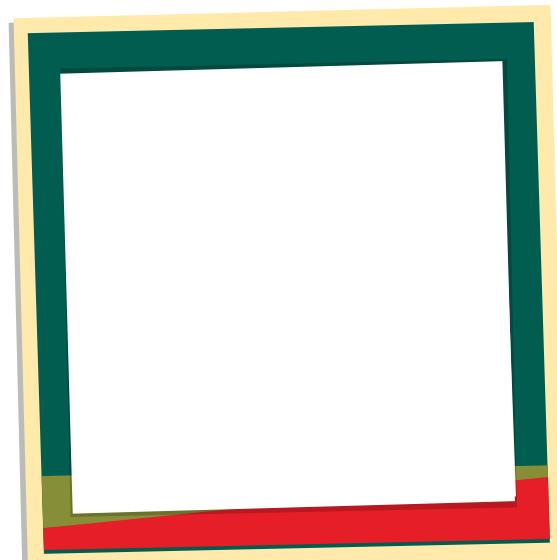
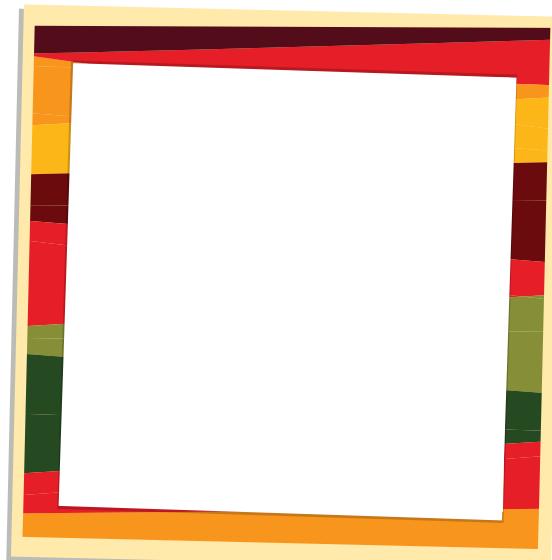
Igama \_\_\_\_\_ Inyanga: \_\_\_\_\_

Igama lencwadi	Umbhalu	Usuku lokuqeda	Imibono

3

Qedela iawardhi yezikhathi zonyaka

- 1. Funda nioxo Ecclesiastes 3:1-8.
- 2. Bonisa Ecclesiastes 3:11.



- 3. Khomba isikhathi sonyaka sezinkathi zonyaka endaweni yangakini.
- 4. Usilungiselela kanjani isikhathi sonyaka: izingubo, ingadi, ukuvuna, imisebenzi, isikole , etc.
- 5. Dlalani umdlalo mayelana nezikhathi zonyaka.

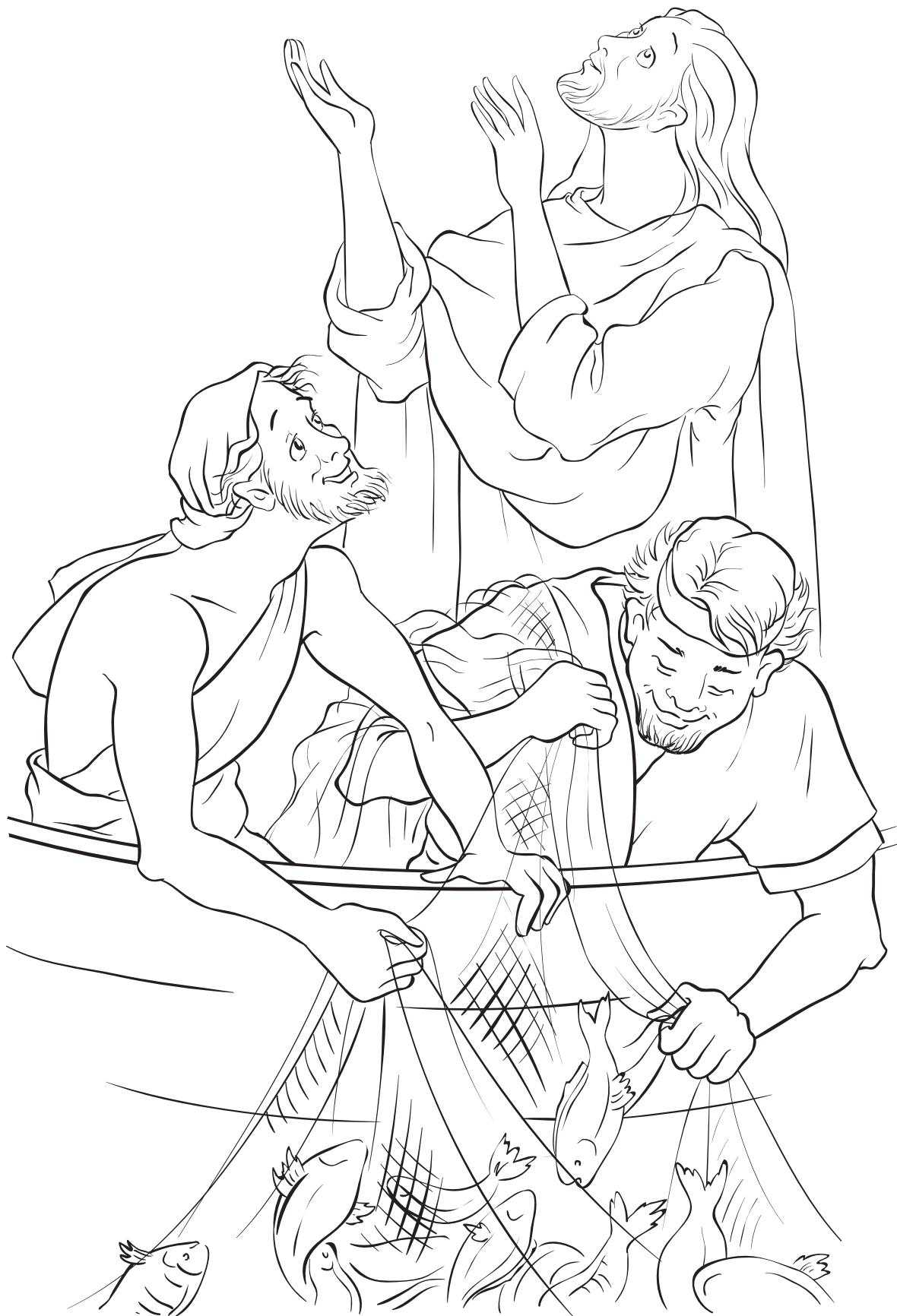


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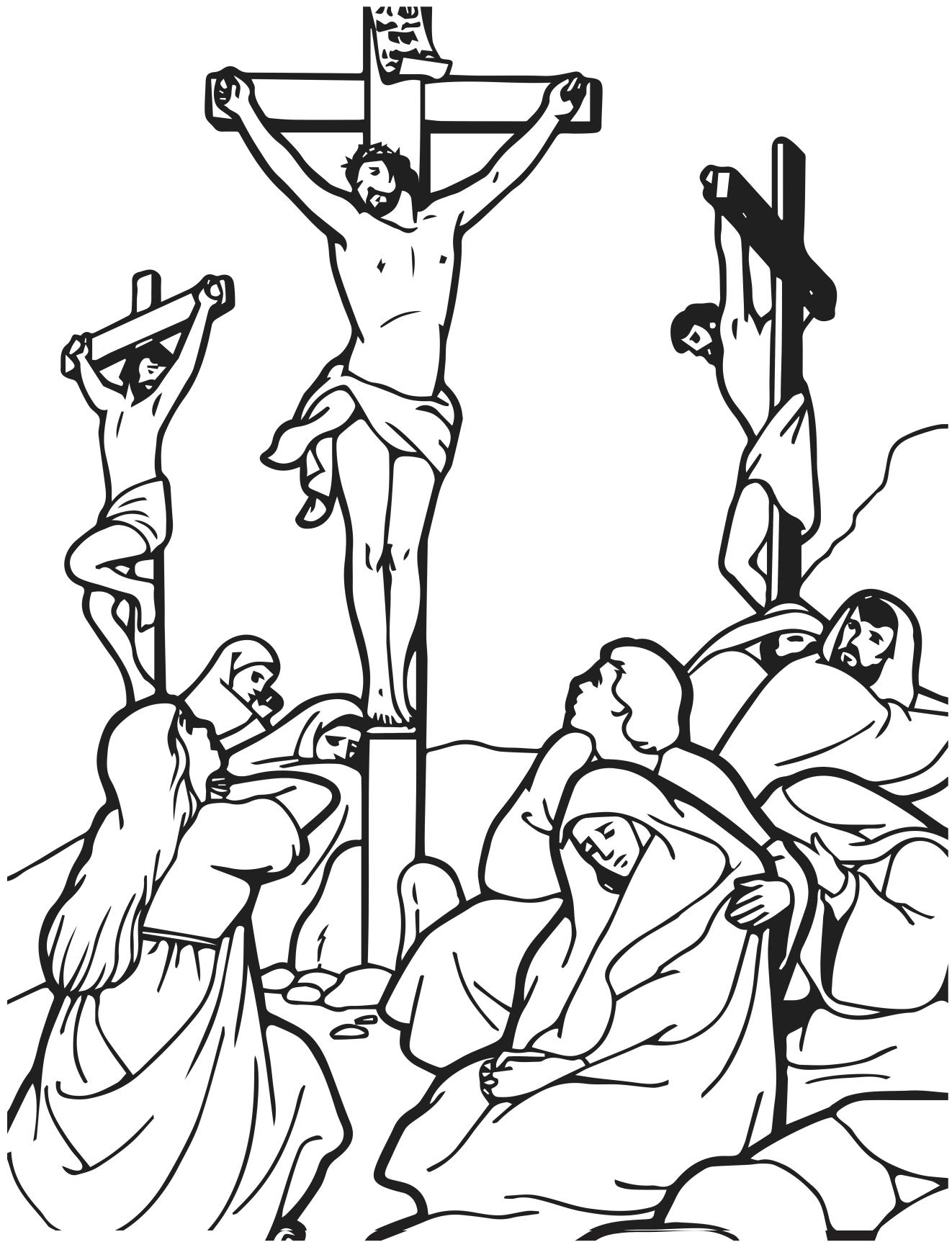
- 1. Qala istory book ubonise impilo kaJesu: Ukuzalwa, Ukubhajadiswa, izimangaliso, izindaba, ukufa, uuvuka kanye nokubuyela eZulwini.





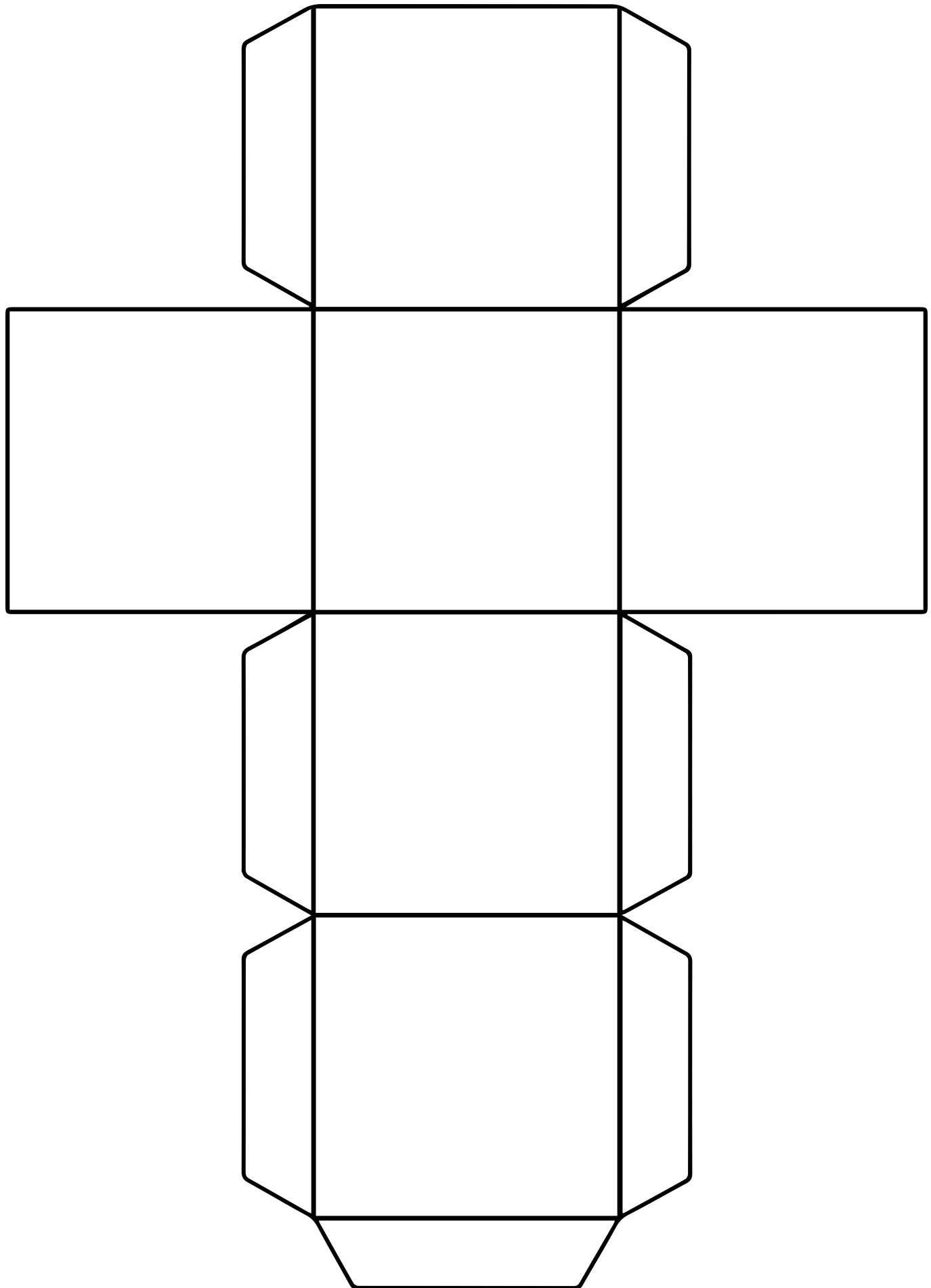








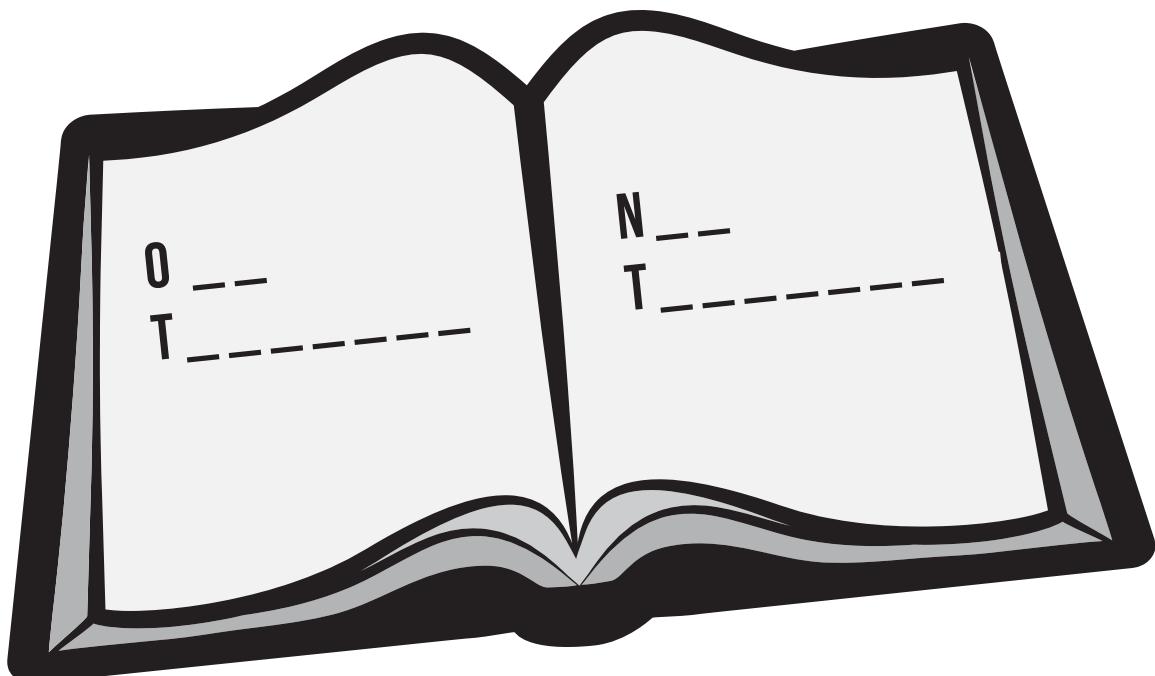




**2**

Qedela iaward yebhayibheli

- 1. Yiba nebhayibheli noma or kubekhona onokulisebenzisa.
- 2. Yisho izingxenyenye ezimbili eziyinhloko yebhayibheli. Beso usho amavangeli amane. Bonisa lapho amavangeli etholakala khona ebhayibhelini.



## Amavangeli (THE GOSPELS)

M _____	M _____
L _____	J _____

- 3. Funda noma ulalele ezintathu izindatshana ngo Jesu kwezitholakala kuma Gospeli.  
Eziphakanyisiwe yilezi:
- a. Ujesu uyzalwa - Luke 2:1-20 & Matthew 2:1-12
  - b. Ujesu uyabhabhadisa - Matthew 3:13-17
  - c. Ujesu uxoxa izindaba (ezinjenge Imvana eyalahleka, inkece, indodana ku Luke 15 or
  - d. Ujesu uyaphilisa
  - e. Ujesu uyafa aphinde avuke
- 4. Chaza amavesi amabili mayelana nokusindiswa ujesu njengokuthi:
- a. Matthewu 22:37-39
  - b. 1 John 1:9
  - c. Isaiah 1:18
  - d. AmaRoma 6:23
  - e. John 3:16
- 5. Xoxa indaba ngo Jesu emndenini noma ku mngani. Uchaze ukuthi kungani ujesu ekhethekile kuwena.



**3**

- Chitha isikhashana sokuthula nojesu ukhuluma naye futhi ufunda ngaye. Gcina irekhodi.

### Isikhathi sokukhonza koMkhaya

	Week 1	Week 2	Week 3	Week 4
Sun				
Mon				
Tue				
Wed				
Thu				
Fri				
Sat				

b.

- Buza abantu abathathu indaba kaJesu abayithandayo" (Indaba ekuma Gospeli) nokuthi kungani.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



## UNKULUNKULU WAMI

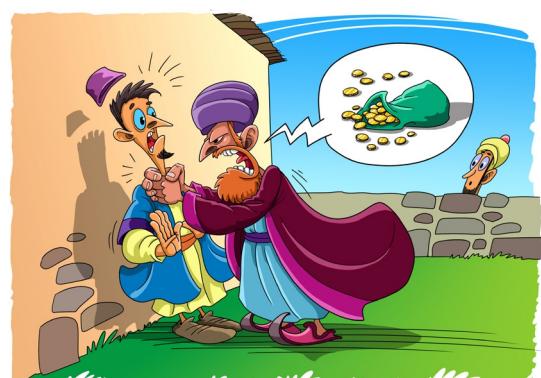
C.

Qedela iaward yezindaba zika Jesu

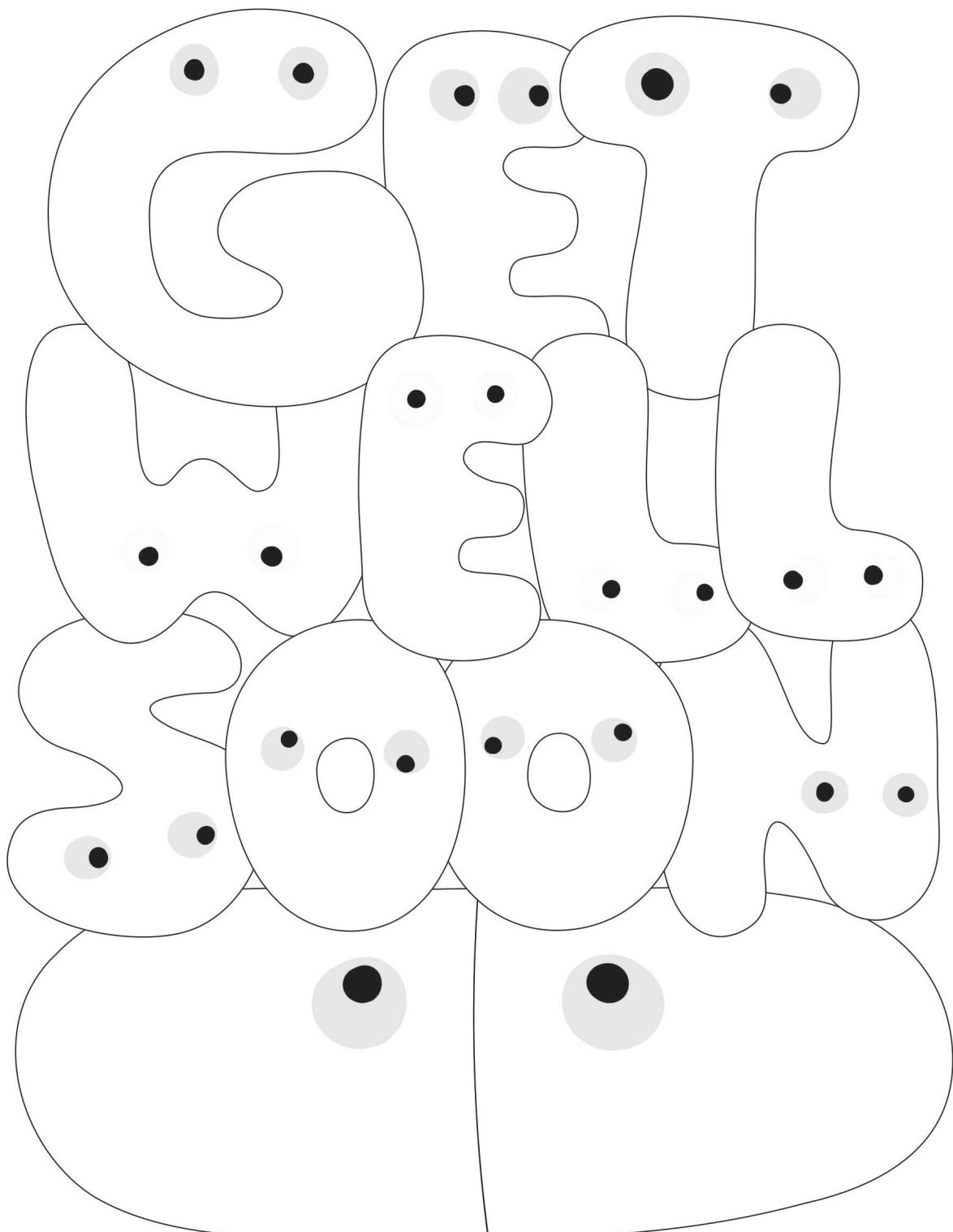
- 1. Fundani nioxo ngo Matthew 13:44.

Matewu 13:44

"Futhi umbuso wezulu ufana ingcebo efihlwe ensimini, eyatholwa ngumuntu wayifihla; futhi ngokujabula ngayo uyahamba, athengise ngakho konke anakho, athenge leyo nsimu".

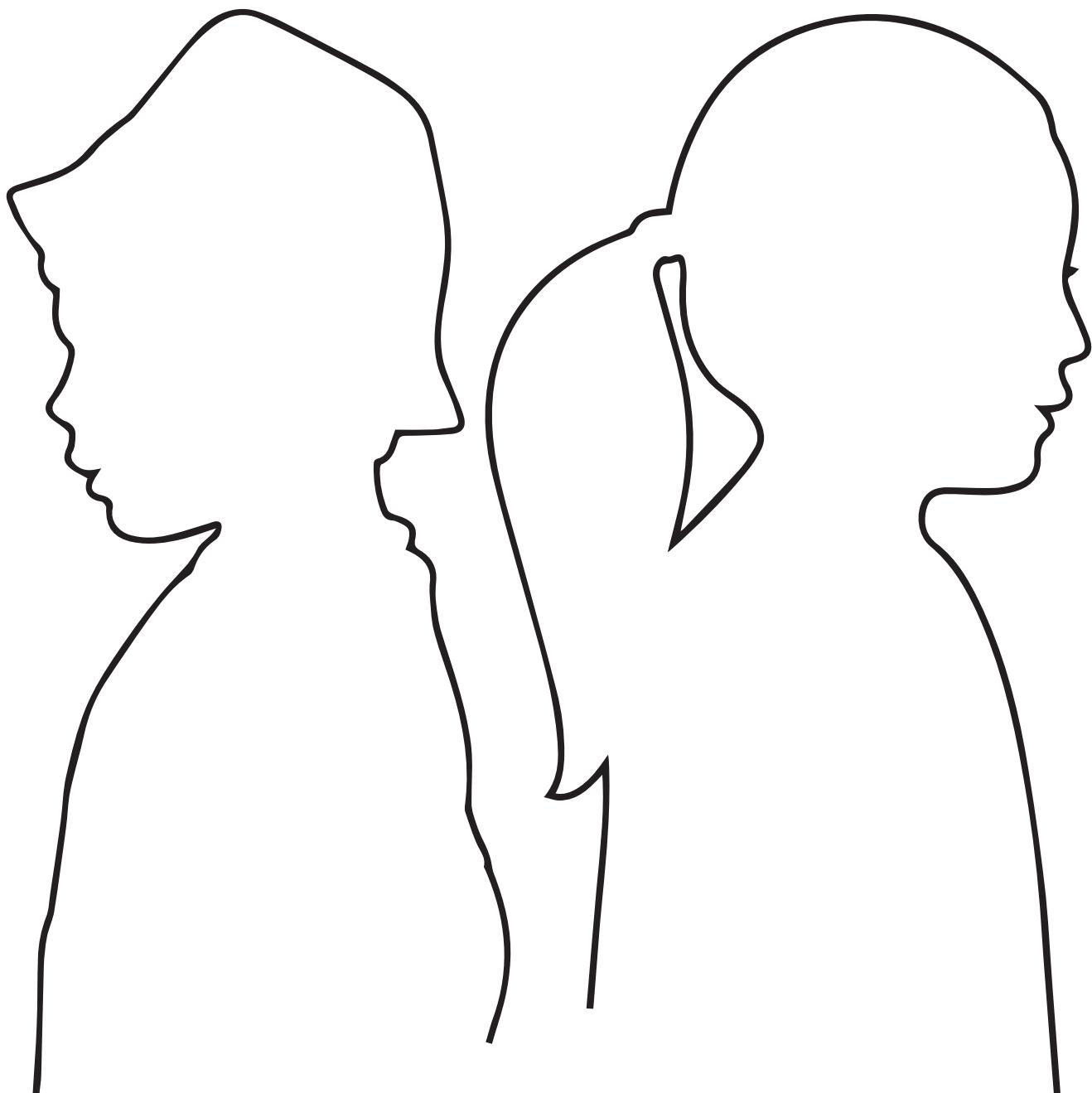


- 4. Yenza ubuciko noma idiorama ebonisa umfanekiso.
- 5. Bamba iqhaza emdlalweni noma umsebenzi wangaphandle obonisa eminye yemifanekiso
- 6. yenza ikhadi elithi "Phila" noma "Ngicabanga ngawe" noma incwadi ekhombisa indaba Luke 10:25-37.



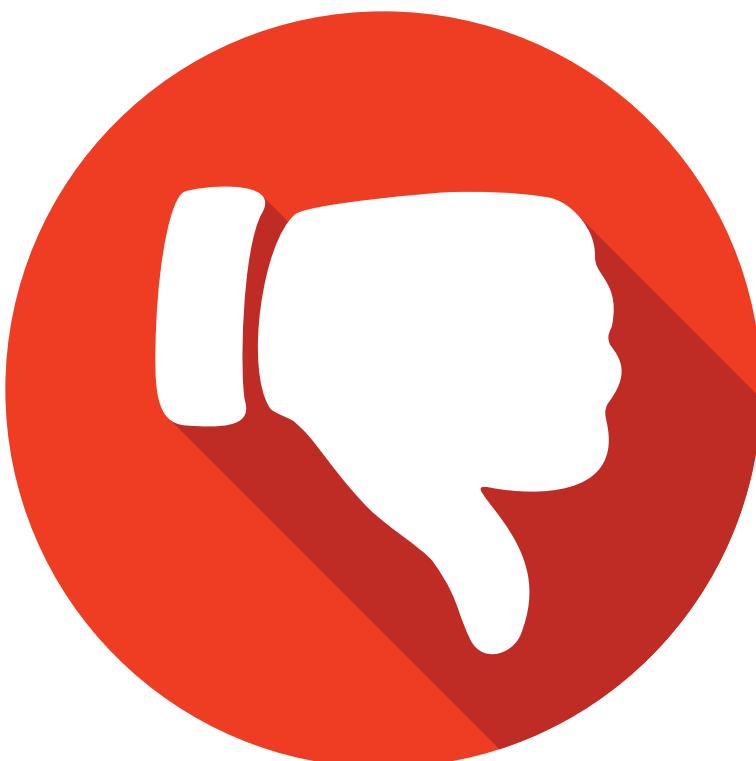
**1**

- 1 Dweba isithombe sakho. Uhlobise ngezithombe namagama achaza okuhle ngawe. Yabelana neqembu lakho ngomdwebo wakho. Ncoma imidwebo yomunye nomunye. Tshela omunye nomunye into ebenza bakhethetheke.



2

- Bamba iqhaza kumsebenzi omayelana nokukhetha.



**3**

Qedela iaward yokuqina komzimba

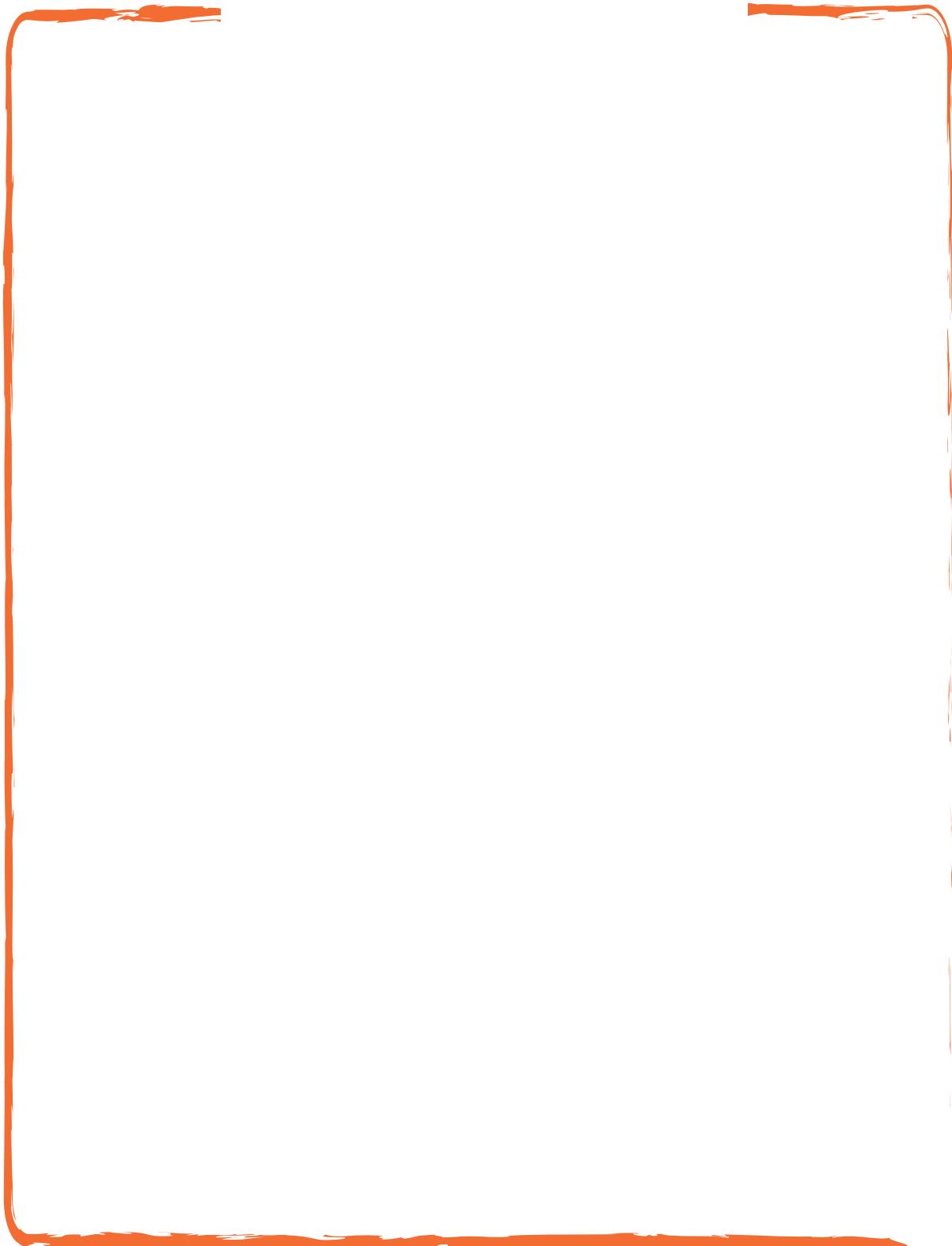
- 1. Bhala izinto ezine ezinomthelela ekuqineni komzimba.
- 
- 
- 
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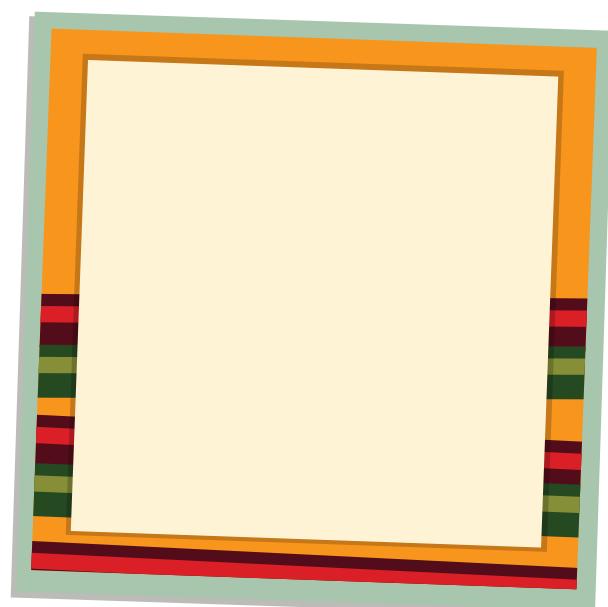
- 2. Gijima 800 meters (approximately one-half mile), noma gjima fifty meters.
- 3. Gxuma ukuya phezulu. (Recorda ukugxuma okuphezulu kokune.) \_\_\_\_\_ m/ft.
- 4. Gxuma noma weqe intambo imizuzu emithathu.
- 5. Yelula umzimba izindlela ezintathu. Bamba ngasinye imizuzwana okungenani eyishumi.
  - a. Umlenze
  - b. Umhlane
  - c. Izingalo / Amahlombe
- 6. Bamba iqhaza esifundweni sesithiyo.
- 7. Khombisa ikhono lakho lokwenza okungenani lokhu okulandelayo:
  - a. Ama sit up ayishumi
  - b. Kotela wenyuke ngentambo, ngepali noma esihlahleni
  - c. Lenga epalini ngezandla namadoolo
- 8. Neqembu lakho bamba iqhaza kumdlalo ohleliwe Odinga ukuvivinya umzimba, isibonelo, umdlalo webhola, umjaho wokudlulisa, ukugxuma njengeselesele, njil.



1

- Cela ilungu ngalinye lomndeni ukuba lisho ezinye zezinto abazikhumbulayo abazithandayo.





2

- Bonisa indlela uJesu angakusiza ngayo ukubhekana nokungezwani:  
Sebenzisa ama puppet, Ukulingisa, njil.



b.

Qedela iiaward yezenzo zokulunga

- 1. Funda Romans 12:10 kanye no Proverbs 12:25. Xoxani ukuthi ivesi ngalinye lisho ukuthini.

Romans 12:10

"Yibani nomusa komunye nomunye uthando lobuzalwane, nibeke omunye komunye ngodumo."

Proverbs 12:25

"Ukukhathazeka enhliziyweni yomuntu kubangela"

- 2. Nikeza izibonelo zomusa nothando. Ibhayibheli lisitshelani ngegama ngalinye kulawa amabili
- 3. Sebenzisa indaba yebhayibheli ukuze ufanekise umuntu owabonisa uthando nomusa (Bona umfanekiso wokuhlobisa ekhansi elilandelayo).
- 4. Funda noma ulalele izindaba ezintathu zesimanje zomusa".
- 5. Lingisa ku Skit noma ushayelete izenzo ezahlukene zomusa
- 6. Hlelani ukwenza isenzo somusa njengeklasi noma iklabhu.





**3**

qedela iaward yokuphepha emgwaqeni

- 1. Thola futhi uchaze izimpawu zomgwaqo ezibalulekile eziyishumi.



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- 2. Chaza ukuthi uwela nini futhi kuphi ngokuphepha emgwaqeni.
- 3. Nikeza imithetho yokuphepha emgwaqeni:
  - a. Ukuhamba ngokuphepha eduze komgwaqo
  - b. Ukugibela ibhayisikili emgwaqweni
  - c. Ukugibela ihashhi.
  - d. Ukuhamba niyiqembu emgwaqeni
- 4. Chaza ukuthi kubaluleke ngani ukufasa ibhande uma ugibela imoto.



- 5. Lalela iphoyisa lomgwaqo omkhulu noma omunye umuntu wezokuphepha ekhulumana ngokuphepha kwezingane.
- 6. Dlalani umdlalo wezokuphepha.

**1**

Qedela iaward yobumnene

- 1. Chaza ukuthi ubumnene busho ukuthini
- 2. Chaza umthetho wegolide.

— DO —  
TO OTHERS AS  
YOU WOULD  
HAVE THEM DO  
— TO YOU —

○ ○ ○

*Matthew 7:12*

- 3. Funda futhi ubonise imikhuba emihle etafuleni.



- 4. Khombisa indlela yokuphendula ucingo ngendalela efanele Khombisa imikhuba emihle yocingo ngokuthi:
  - a. Ushayele umuntu omdala ucingo
  - b. Ushayele umngani wakho okhethekile NOMA
  - c. Wazise umuntu omdala kumngani wakho
  - d. Wazise uthisha wakho kumzali
- 5. Yabelana ngolwazi mayelana nesikhathi:
  - a. Lapho umuntu omdala aba nobumnene kuwe
  - b. Lapho wena wabonisa ukuba mnene komunye umuntu
- 6. Bonisa izenzo zobumnene uma
  - a. Ucela isiphuzo
  - b. Uthi "ngiyabonga"
  - c. Uxolisa
  - d. Ubingelela umngani
  - e. Nabelana futhi nishintshisana.

2

- A. Hlola indawo yangakini. Bhala izinto ezinhle, nezinto ongazenza ukwenza indawo yangakini ibe ngcono.

Izinto Ezinhle

Izinto engingazenza ngcono

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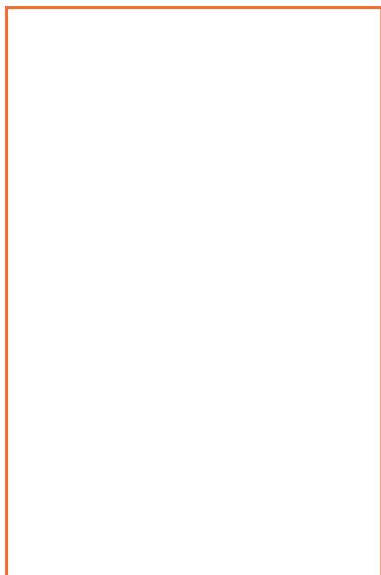
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- B. Kuloluhla, khetha izindlela bese uchitha isikhathi wenza indawo yangakini ngcono

**3**

Qedela iaward yomngani wemvelo

- 1. Chaza:
  - a. Ungaba kanjani umngani nemvelo
  - b. Uyikha kanjani imbali futhi ungakwenza nini lokhu
  - c. Ungazivikela kanjani izihlahla, izidleke, njil
- 2. Bhala amagama ezihlahla ezintathu bese kuthi ephepheni elehlukile uhlikihle amagxolo azo.



- 
- 3. Qoqa amahlamvu amane ahlukene bese uwaqhathanisa.



- 4. Yenza okunye kwalokhu ngaphandle:
  - a. Hlola (noma ubheke ngengilazi yokukhulisa) zonke izinto onokuzibona endaweni engamafidi skwele ayishumi / 1 imitha skwele.
  - b. Hlola igceke noma ipaki bese nikhuluma ngalokho enikubonayo.



- 5. Yenza okunye kwalokhu okulandelayo:
  - a. Thatha uhambo endalweni uqoqe izinto ezithakazelisayo.
    - i. Bonisa futhi uxoxe ngezinto ozitholile
    - ii. Zinamathisele ephepheni wenze iphosta.
  - b. Vakashela ezinye zalezizindawo ubuye uxoxe ukuthi uboneni:
    - i. Zoo
    - ii. Parki
    - iii. Indawo yezilwane zasendle
- 6. Tshala isihlahla esisodwa udwebe isithombe saso ezigabeni ezintathu ezechlukene zokukhula kwaso.



