

Izandla ezisizanayo

Incwadi yomsebenzi



Lencwadi ingeyohlelo lwe _____

Northern Conference Edition

General Conference Youth Ministries Department

Izandla ezisizanayo

Incwadi yomsebenzi



Uhlelo lwe Northern Conference

General Conference Youth Ministries Department

Produced by:
General Conference Youth Ministries Department
12501 Old Columbia Pike
Silver Spring, MD 20904

Departmental Director: Gary Blanchard
Associate Youth Director: Pako Mokgwane
Associate Youth Director: Andrés J. Peralta
Editor-in-Chief: Andrés J. Peralta
Departmental Advisor: Abner De Los Santos
Senior Editorial Assistant: Kenia Reyes-de León

Project Manager: Mark O’Ffill
Content Contributors: Mark O’Ffill
Ted & Betsy Burgdorff

Copy Editor: Mark O’Ffill

Cover & Interior Designer:

Jonatan Tejel
Isaac Chia
Adrian Gutierrez Perez
Wilbert Hilario (ClicArt)
Had Graphic Inc.
hadgraphic@gmail.com

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For information

Email: junioryouth@nc.adventist.org

Website: junior.ncadventist.org

Mailing Address:

Junior Youth Ministries

Northern Conference of South Africa

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Uhlu lokuhlola lwezandla ezisizayo

Igama: _____ Usuku lokuqala: _____ Usuku lokuqeda: _____

Izidingo eziyisisekelo

1. Phinda kwi memori futhi wamukele isibambiso samaAdventurer
 - a. Khombisa izimo zangempela zempilo lapho isibambiso nomthetho kukusiza ukuba uphendule ezimeni ngendlela efana neka Krestu. Khombisa noma ulingise lezi zimo.
2. Gcwalisa umklomelo wokufunda
3. Gcwalisa izandla zomklomelo wenzakalo

UNkulunkulu wami

1. Icebo lika Nkulunkulu ukungisindisa
 - a. Yenza ishadi lezindaba noma incwadi yethanga ekhombisa ukulandelana kwalezehlakalo
 - Paul,
 - Martin Luther,
 - Ellen White &
 - Yourself.
 2. Hlela futhi ulingise umdlalo wesikeshi noma ubhale indaba yezindaba ngenye yalezo zindaba ezingenhla ukukhombisa ukuthi umuntu uyiqhawe likamoya kanjani
 3. Umyalezo kaNkulunkulu kimina
 - a. Gcwalisa umklomelo webhayibhelin IV.
 4. Amandla kaNkulunkulu empilweni yami
 - a. Chitha izikhathi ezijwayelekile noJesu, ukhulume naye futhi ufunde ngaye. Gcina irekhodi.
 - b. Buza abantu abathathu (ngaphandle komndeni) ukuthi kungani banikela ukuphila kwabo kuJesu Noma thola izinyathelo zomklomelo kaJesu.
 - c. Gcwalisa umklomelo wenkonzo yami.

Yimi

1. Ngikhethekile
 - a. Bhala ezinye izintshisekelo zikhethekile namakhono uNkulunkulu akunike wona.

- b. Khombisa futhi wabelane ngokwakha ithalente lakho ngokuthola omunye wemiklomelo yamaAdventurer evumela izinkulumo uma kungamakhono akho
2. Ngiyakwazi ukukhetha ngobuhlakani
 - a. Funda izinyathelo zokwenza izinqumo ezinhle, chaza futhi khombise ukuthi uzisebenzisa kanjani ukuxazulula izinkinga zangempela
 3. Ngiyakwazi ukunakekela umzimba wami
 - a. Gcwalisa umklomelo wokuhlanzeka.

Umndeni wami

1. Nginomndeni
 - a. Yenza iflegi noma ibhena lomndeni
 - b. Gcwalisa umklomelo wencwadi yezithombe.
2. Imindeni iyanakekelana
 - a. Siza ukuhlela ukukhonza komndeni okukhethekile, ubusuku bomndeni noma ukuphuma komndeni. Bika ukuthi wenzeni eqenjini lakho
3. Umndeni wami uyangisiza ukuzinakekela
 - a. Gcwalisa umklomelo okubambisana.

Umhlaba

1. Umhlaba wabangani
 - a. Gcwalisa umklomelo wamaphayoniya okuqala wama Adventist
2. Umhlaba wabanye abantu
 - a. Gcwalisa umklomelo wezwe omnandi.
3. Umhlaba wemvelo
 - a. Gcwalisa imiklomelo emibili yemvelo ongazange uyithole ngaphambili.

Uhlu lokuhlola

Izidingo eziyisisekelo

1. _____
 - a. _____
2. _____
3. _____

UNkulunkulu wami

1. _____
 - a. _____
 - _____
 - _____
 - _____
 - _____
 - b. _____
2. _____
 - a. _____
3. _____
 - a. _____
 - b. _____
 - c. _____

Umndeni wami

1. _____
 - a. _____
 - b. _____
2. _____
 - a. _____
3. _____
 - a. _____

Umhlaba wami

1. _____
 - a. _____
 - b. _____
2. _____
 - a. _____
3. _____
 - a. _____

My World

1. _____
 - a. _____
2. _____
 - a. _____
3. _____
 - a. _____

ISIKEKELO

1

○ Phinda kwi memori futhi wamukele isibambiso nomthetho wama Adventurer

○ a. Khombisa izimo zangempela zempilo lapho isibambiso nomthetho kukusiza ukuthi uphendule ezimeni ngendlela yobuKrestu. Khombisa ngokulingisa lezizimo



2

Gcwalisa umklomelo wokufunda IV

- 1. Umklomelo okhishwa kuma Adventurer afundile noma alalelile uma kufundwa (bonisa ezikweleni uma uqeda ngasinye):

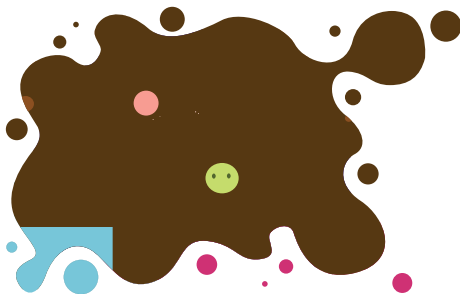
- 1. *Samuel 1-3 kusuka kulumushweni*



- 1. *Incwadi yezindaba zebhayibheli ngo Jesu*



- 1. *Incwadi yezempilo nokuphepha*



- 1. *Incwadi ngabangani, ngomndeni, noma*



- 1. *incwadi ngomlando nemishini*



- 1. *Incwadi ngezemvelo*



3

- Gcwalisa Izandla zomklomelo wensizakalo
 - 1. Funda uphimisele lamavesi ebhayibheli:
 - a. Izenzo 20:35
 - b. 1 Pita 4:10, 11
 - c. AbaseGalathiya 5:13, 14
 - d. Matewu 20:28
 - e. Mark 10:44, 45
 - f. AbaseFiliphi 2:1-11
 - 2. Xoxa ngomzekeliso otholakala ku Matewu 25:31-46. Sebenzisa lemibuzo engxoxweni.
 - a. Kungabe ucabanga ukuthi "imvu" kanye "nembuzi" kumeleni?
 - b. Yiziphi izenzo ezihlukile phakathi "kwemvu" Kanye ne "mbuzi" kuloludaba?
 - c. Yikuphi ukwenza kokusiza inkosi ethi "kubusisekile"? Uma ucabanga yini eyenza kube yisibusiso?
 - d. Yiziphi izenzo iqembu lakho, iklabhu, isikole sesabatha, kanye nenkonzo ekwenzayo okucishe kufane naloku okukhulunywa ngakho kuloludaba?
 - e. Ingabe kuzwakala sengathi izimvu "zinomkhuba" wokusiza? Singafunda kanjani ukuba nomkhuba wokusiza?
 - f. Uzizwa kanjani uma usiza abanye abantu?



- 3. Dala uhla lwezinto eziyishumi 10 abasizi bezandla abangazenza ukusiza abanye abantu. Bala nezinto ezingasiza:
 - a. Umndeni wakho
 - b. Ibandla lakho
 - c. Isikole sakho
 - d. Omakhelwane bakho / omakhelwane babandla lakho
 - e. Abantu abaswele

_____	_____
_____	_____
_____	_____
_____	_____

- 4. Ngokuhlela kwabaholi bakho bese nenza eyodwa yamaprojekthi ensizakalo enixoxe ngayo ohlwini olungenhla ku d no e. Bika kumqondisi wakho noma njengeqembu khonzani, enikwenzile niqaphele umehluko eniwuzwile uma nenza loku nokuthi kwenze mahluko muni kulabo enibasizile.

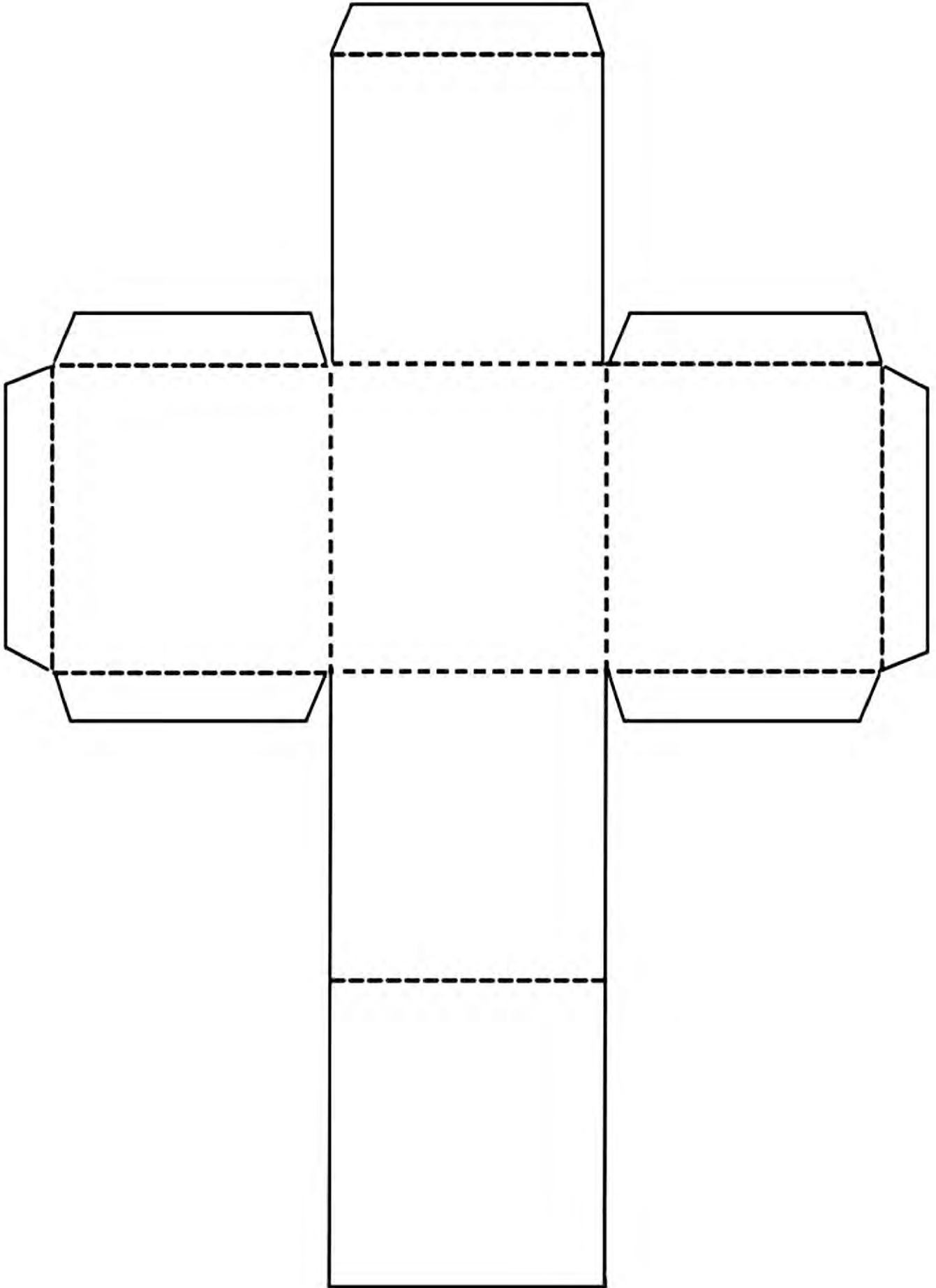
1

- A. Dala ishadi lezindaba elikhombisa ukuhleleka kwalesi zehlakalo: Paul, Martin Luther, Ellen White kanye Naw









2

- Gcwalisa umklomelo webhayibheli IV
 - 1. Ungumnikazi noma usebenzise ibhayibheli.
 - 2. Khomba ohlwini amagama ezincwadi ezise testamenteni Elisha ezixoxa izindaba noma eziyincwadi ezivela ku Paule nabaphostoli.
 - 3. Dlala umdlalo noma ucule iculo elizokwenza ijwayelane nezincwadi zebhayibheli zetestamente ngokulandelana kwazo.
 - 4. Bheka ibhayibheli noma imephu yesimanje bese uthola amadolobha amathathu ahanjelwa uPaule ohambweni lwakhe.
 - 5. Phinda uxoxe noma ulingise indaba kaPaule endleleni eya e Damascus (Acts 9) uma ehlangana noJesu ekhetha ukumlandela. Eskeshini sakho chaza ukuthi kungani ukuguquka noma ukwamukela uJesu kuka Paule kubaluleke kangaka empilweni yobuKrestu nakuwe, nakubangani bakho namuhla.
 - 6. Khetha enye yezindaba XOXELA omunye ngokuthola uJesu okutholakala encwadini yezenzo. Yenza okunye kwalokhu:
 - a. Khomba umlingiswa oqavile bese ufingqa indaba esemqoka namafuphi ngendlela ebukhali.
 - b. Dweba umdwebo wekhathuni/ wamahlaya oxoxa indaba nokubaluleka kwayo kithina namuhla.
 - c. Yakha iprojekthi engu 3 D elandisa inani lendaba namuhla
 - 7. Thola, ngekhanda bese uchaza amavesi amathathu ebhayibhelini akhuluma ngokuzinikela impilo yakho kuJesu :
 - a. Izenzo 16:31
 - b. Ngokuka John 1:12
 - c. AbaseGalathiya 3:26
 - d. 2 AbaseKhorinte 5:7
 - e. Izindumiso 51:10
 - 8. Cabangisisa ngohlu lwamagama amaqhawe anamuhla ngokomoya owathandayo neqembu lakho. Chaza ukuthi kungani ukhethe laba obakhethile ohlwini lwakho.
 - 9. Funda ukuthola imibhalo ebhayibhelini ngokushesha nangokunembile. Sebenzisa umdlalo noma umsebenzi ngenkathi ufunda lelikhono. Beka imigomo yokuzithuthukisa.

3

- A. Chitha isikhathi esejwayelekile no Jesu, ukhulume naye ufunde ngaye, bese ugcina amarekhodi

ISIKHATHI SO MKHULEKO WOMNDENI

	Week 1	Week 2	Week 3	Week 4
Sun				
Mon				
Tue				
Wed				
Thu				
Fri				
Sat				

- B. Buza abantu abathathu (abangebona abomndeni) ngesinqumo sabo sokuzinikela kuJesu NOMA thola izinyathelo zomklomelo kaJesu.
- 1. Ngiyaziqonda izinyathelo zokusindiswa:
 - • UNkulunkulu uluthando (1 John 4:8). UNkulunkulu uyangithanda kakhulu (Jer. 31:3). UNkulunkulu usithanda sonke (John 3:16).
 - • Ngiyisoni. Sonke siyona futhi siyizoni, ngakho siding insindiso, ngoba izoni ziyakufa ngunaphakade (Rom 3:23).
 - • UNkulunkulu wathumela uJesu ukuba afe, ukuze mina ngingafi ngunaphakade. (John 3:16). Yena wavuka futhi njengo Msindisi (1Cor.5:3, 4). Uma ngimamkela uJesu, izono zami zonke ziyakuxolelwa (Isa. 1:18; Ps. 51:7-11; 1 John 2:1, 2).
 - • Insindiso iyisipho uNkulunkulu angipha sona. Kufanele mina ngimcele uJesu ukuba abe nguMsindisi wami
 - • (John 1:12). UNkulunkulu uyangizwa uma ngithandaza.
 - • Uma sengimamkele uJesu, ngiba yisidalwa esisha, ongasafuni ukwenza okubi ngenxa yokuba ngimthanda uJesu, naye uJesu engithanda. (John 3:3-7; 2 Cor. 5:17).
 - • Ngingaquniseka ngokuthi ngisindisiwe uma ngimcela uJesu ukuba abe nguMsindisi (John 3:26; Heb. 13:5). Ngoba ngiyisoni, ngizowenza amaphutha. Kepha uma ngivuma izono zami kuJesu, uyangixolela aphinde asuse icala lami lonke (Jer. 31:34). Kungase kufuneke sivume kwabanye abangase bathintekela genxa yokona kwethu (1 John 1:9) silungise indaba nabo (Luke 19:8) bese iguquka ngokupheleleyo esonweni (John 8:11).



- 2. Funda futhi uxoxe nomuntu omdala ngezindaba ezine ezikhuluma ngokuguquka/ ukusindiswa.
 - • UmTopiya waguquka (Acts 8:26-40)
 - • UNaaman wageza wahlanzeka (2 Kings 5)
 - • UJesu uyabathanda abantwana (Matt. 19:13-15)
 - • Uhlamvu lwemali olulahlekile, Imvu neNdodana (Luke 15)
 - • U Zakewu (Luke 19:1-10)
 - • UJeje uguqukile (Acts 16:21-34)
- 3. Bamba ngekhandu u John 3:16, Acts 16:31, and 1 John 1:9.
- 4. Chitha isikhathi esijwayelekile noJesu.
- 5. Yenza isinqumo sakho sokumamukela UJesu njengeNkosi noMsindisi. Xoxa ngesinqumo sakho nomzali noma uthisha weklabhu
 - • Landela unyawo lwakho ephepheni bese uhlobisa nganoma iyiphi indlela oyithandayo, kufaka phakathi amagama okuzibophezela:
Mina (igama lakho) ngithathe izinyathelo zami zokuqala ukulandela uJesu namhlanje (ilanga) _____
Kanye no (umuntu omdala ongufakazi) _____.
 - • Bonisa unyawo (ukuzibophezela ku Thisha we klabhu, ukuthola isitifiketi Kanye nomklomelo wokuklonyeliswa).





- C. Gcwalisa umklomelo wesonto Lami.
 - 1. Qonda okushiwo futhi ubambe ngekhandla I Corinthians 3:16 uphinde ufunde iculo "Lord, Prepare Me to Be a Sanctuary."
 - 2. Yazazi igama lenkonzo yakho Kanye nedilesi. Njenge klabhu, dweba udonga nesonto elisenkabeni bese ufaka indlu ye Adventurer maqondana nesonto lakho, uqambe yonke imigwaqo nemigwaqo njengemephu yesonto.

- 3. Ubani umfundisi wakho, uyini umthwalo wakhe ngebandla? Buza imibuzo elandelayo.
 - a. Kwakuyini isizathu sokukhetha ukuba ube umfundisi?
 - b. Wanquma ukusiphi isigaba seminyaka ukuba umfundisi?
 - c. Ingabe kukhona yini okwenzeka empilweni yakho okwakwenza wafinyelela esiqumeni sokuba uthathe ubufundisi?
 - d. Nami ngingaba yini umfundisi uma uNkulunkulu engibiza?
 - e. Ngingazilungiselela kanjani ukuba nempilo esebenzela uNkulunkulu?
 - f. Ngingaba kanjani yisikhonzi namuhla?



- 4. Dweba ipulani lesonto lakho. Uma isonto lakho linokulandelayo, kubhale emephini yakho
 - a. Indawo engcwele
 - b. Ihhovisi lesonto
 - c. Indlu yesikolo sesabatha
 - d. Iholo lenhlanganyelo
 - e. Izindlu zangasese
 - f. Indlu yama Adventurer
 - g. Indlu yosizo lomphakathi



- 5. Liyini obhodi lesonto futhi uyini umsebenzi walo?
- 6. Bala amagama abantu abayishumi aba amalungu ebhodi yesonto. Baphethe ziphi izikhundla?

i-	_____	_____
ii-	_____	_____
iii-	_____	_____
iv-	_____	_____
v-	_____	_____
vi-	_____	_____
vii-	_____	_____
viii-	_____	_____
ix-	_____	_____
x-	_____	_____

- 7. Chaza ukuthi ungamsiza kanjani uNkulunkulu esontweni lakho masonto onke kuqala kuleli sonto?

1

- a. Bhala ezinye izintshisekelo ezikhethekile namakhono uNkulunkulu akuphe wona.

Abase Efesu2:10

“Singukufeza kuka Nkulunkulu okudalwe kuKrestu Jesu ukwenza izinto ezinhle”

- b. Bonisa uphinde wabelane ngethalente ukuhola eyodwa yemiklomelo yama Adventurer lokho okuvemela ukuboniswa kwamathalente



2

- Funda izinyathelo zokwenza izinqumo ezinhle. Chaza noma ukhombise ukuthi uzisebenzisa kanjani ukuxazulula izinkinga ezimbili zangempela zempilo.
- Izinyathelo:
 - 1. Chaza inkinga
 - 2. Cabanga ngazo zonke izixazululo ezingaba khona
 - 3. Cabangela imiphumela wena nabanye
 - 4. Uthathe isinqumo ngesixazululo bese ulungisa



3

- Gcwalisa umklomelo wokuhlazeka
- 1. Thola, ufunde nixoxe nge Psalm 119:11, 51:10, and 19:14.
- 2. Funda ngokuhlazeka.
- 3. Thola ngezikhathi ezibalulekile ezinthathu zokuhlamba izandla.

- 4. Zijwayeze ukuxubha amazinyo ngendleal efanele.
- 5. Xoxa ngokugeza njalo nokuthi ugcina kanjani izinwele zakho zihlanzekile.
- 6. Zingaki izingilazi zamanzi okufanele uziphuze nsuku zonke?
- 7. Kungabe kubalulekile yini ukugcina izimpahla zakho zihlanzekile?_____



1

- a. Yenza iflegi lomndeni noma ibhena.



- B. Complete the Picture Book Award, using pictures from your family's history.
 - 1. Yenza incwadi yezithombe enamakhasi okungenani ayisithupha.
 - 2. Wonke amakhasi kumele abe nohlobo oluthile lokuhlobisa.
 - 3. Chaza izithombe ngasinye encwadini.
 - 4. Memorise Joel 1:3 and discuss the meaning.
 - 5. Yabelana nabanye ngencwadi yakho yezithombe bese uchaza uuthi kungan ukhethe lezithombe. Ukwabelana ngencwadi yakho kukusizile waqonda u Joel 1:3?

Joel 1:3 (ESV)

“Tshela abantwana bakho ngakho, labantwana bakho batshela abantwababo, labantwana babo bakutshela esinye isizukulwane.”

2

- Siza ukuhlela ukukhulekela komndeni okukhethekile, ubusuku bomndeni, ukuphuma komnden. Bika ukuthi wenzeni eqenjini lakho.



3

○ Gcwalisa umklomelo wokubambisana.

- 1. Funda nixoxe nge Acts 4:32-37, Exodus 35:20-29, Exodus 36:2-7.
- 2. Kuyini ukubambisana?
- 3. Kubaluleke ngani ukubambisana emndenini, esikoleni nasebandleni?
- 4. Lingisani ngendaba yebhayibheli ngokubambisana.
- 5. Culani iculo ngokubambisana.
- 6. Dlalani umdlalo wokubambisana.
- 7. Yenza umsebenzi wobambiswano neqembu lakho.



1

Gcwalisa umklomelo ngama phayoniya okuqala

1. Bala amaphayoniya ayisihlanu amaAdventist futhi usho okuthile ngawo.

2. Funda indaba ngama phayoniya amaAdventist.

3. Funda iculo lamaAdventist lokuqala. Bamba ngekhanda ivesi lokuqala.

4. Yenza futhi unambithe iqoqo legranola; chaza ukuthi yini eyayihlangene namaphayoniya.

5. Penda, bopha udayi, noma uhlobise ibhandena engenalutho noma into efanayo nemvunulo. Sebenzisa imvunulo ukugqoka njenge phayoniya.

6. Bamba ngekhanda Rev. 14:12.

7. Bamba incwadi enkuku njengo EG White ayenzile embonweni wakhe ukale isikhathi.

8. Dlala umdlalo wase Melika wokuqala.

9. Yenza ubuciko bokuqala base Melika



2

- Gcwalisa umklomelo wezwe omnandi
- 1. Khetha izwe ofuna ukufunda ngalo.
- 2. Emephini yomhlaba thola lelizwe ukuthi likuphi, khomba ukutthi likuliphi izwekazi..
- 3. Thola, udwebe noma ulandele imephu nefulegi lezwe lakho..



- 4. Funda amaqiniso ayisithupha ngezwe, njengalawa asikiselwe ngezansi.
 - a. Dweba noma uthole isithombe sengubo yomdabu
 - b. Funda iculo lesabatha noma lomhlaba
 - c. Lalela ingoma yelizwe.
 - d. Funda ukudlal umdlalo wesabatha noma womhlaba.
 - e. Balula inkolo eyinhloko kulelizwe.
 - f. Qoqa izitembu, ipostkhadi, noma imali yakulelizwe.
 - g. Funda noma ulalele inganekwane, indaba engakholakali, noma indaba.
- 5. Yenza ubuciko obulula noma ukudla okuvela ezweni.
- 6. Funda ebhayibhelini ukuthi izilimi zavela kanjani embhoshongweni webhabeli. (Genesis 11:1-9).

3

○ 5. Gcwalisa imiklomelo yemvelo ongazange uyithole ngaphambili
Imiklomelo eyengeziwe eyenzelwe ukusiza izandla:

Umenzi wobhaskidi

Ubukhosi bebhayibheli

Umbazi

Isazi semvelo

Izithelo zikamoya

Isazi sokuma komhlab

Indawo yokuhlala

Uju lwezinyosi

Umdloli wangaphandle

Isango leperele

Iqhawe lomkhuleko

Isithembiso sothingo I

Bika

Amanzi aphephile

Ulwimi lwezandla

Skater

Nyathela ubuciko obumnandi

Izinyathelo eziya kuJesu

Ithabanekele

Ubuchwepheshe



