

Early Bird

Activity Book



This book belongs to _____

Northern Conference

Northern Conference Youth Ministries Department

Early Bird

Activity Book



Northern Conference

General Conference Youth Ministries Department

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Gomez, Ada. "Adventist Adventurer Awards." Adventist Adventurer Awards - Wikibooks.org. North American Division Club Ministries, 2014. Web. 26 July 2017. <https://en.wikibooks.org/wiki/Adventist_Adventurer_Awards>.

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Dear Adventurers, Parents, and Leaders,

Thank you for being a part of our newly released Adventurer Curriculum. We have remastered, reengineered, and at times started over to make sure that this new curriculum is fun, uplifting, appropriate for each age level, and most importantly, Jesus-centered. We wanted to build a curriculum that can be done with a small group, large group, family and children, Children's ministry group, even Bible School group!

We have used several criteria in building this curricula. We worked with Adventist educators and youth leaders to make sure we had the best resources available for our Adventurers. First, we have used Bloom's taxonomy, a broad ranging methodology especially appropriate for 7 year olds and up, that helps us ask the children to do things that they are truly developmentally capable of doing. For example, we ask Little Lambs to listen to a story, while we ask 8 and 9 year olds to read age-appropriate stories. In addition, we have used a multi-modal learning philosophy, meaning that we realize that Adventurers learn in different ways. Thus, we have requirements that appeal to children who learn best through listening, playing, drawing, singing, organizing, moving, and so-on. We also filtered our requirements through developmental filters. Spiritual stages of development, originally developed by Dr. John W. Fowler, have been well explained and demonstrated in Youth Ministry by Adventist Youth Innovator Steve Case of Involve Youth.

Adventurers - each lesson is meant to be mostly hands-on. That means most of the time you will be actively doing something to learn about the topic. Sometimes, you'll have to take notes, or check a box (to remember what you did), but most of the time you will be jumping, running, crafting, drawing, exercising, singing, praying, or reading something! In many cases, your adult caregivers, whether they be your parents, grandparents, guardians, or favorite neighbor, can help you accomplish the "jobs." Help them feel involved and be sure to always say thank you!

Parents - we value the time you have invested in Adventurers. Many of you are doubling as leaders for Adventurers. We thank you. We have created a curricula that is safe yet adventurous, varied, but specific in its Christ-centered goal. We hope the children will bring home new found truths they can put into action about "My Self, My God, My Family, and My World." Please have your Adventurer share their experiences with you by showing you the pages they worked through (and the games/stories they learned along the way). Know that a lot of it is experiential so they won't write a lot. They will instead experience a great deal.

Leaders - Before the student worksheet pages come a variety of 'big picture' helps to guide you as you create a safe environment for your group of Adventurers. Developmental stages, working with special needs children in your unit, and much



more is included here. In addition, this curricula has a huge number of teaching ideas in the back pages of the booklet (if you printed it out) or PDF (digital). Each time there is a graphic in the kids' booklet section with "helps see page #" you'll know that is your clue for hands-on field-tested ideas that you can use with a little bit of prep and a few tools. We have tried to think of things that can be done with few resources, limited spaces, and limited budget. However, your club is different from any other, so please feel free to adapt the ideas to meet the needs of your group. At the front of the book are additional ideas on how to format meetings and unit time so that within about 15 meetings, all the curricula requirements are done and you can award your Adventurers with their pins and patches. Of course, that means that you may also have other meetings that are primarily field trips, group awards, or other activities -- that's GREAT!

The Curriculum in this book, if completed (yes, all of it) by the young Adventurer, is eligible for a special pin that matches the name and image located on the book cover. There are a total of six years worth of curriculum, each one age appropriate. The first, Little Lamb is for 4 year olds, the second, Early Birds, for 5 year olds, Busy Bee, for 6 year olds, Sunbeam, for 7 year olds, Builder, for 8 year olds, and Helping Hands, for 9 year olds. Many kids will turn from one age to the next while working on the curriculum, but should work to complete it before starting the next book. Some Adventurer programs last during the school year, others from January to December. Either way, there are usually 20-25 meetings in an Adventurer year. Each meeting usually has time to complete one or more sessions of the book.



Patches (called awards) and pins (for finishing all the classwork in this book) are available through your Division office for Adventurer ministry. They usually take orders from local conferences (who have contacted each local club leader), and when they visit World Headquarters in Washington D.C., they bring the order list to my office. We fulfill the orders and send thousands of patches back home to your Division for you to distribute to your deserving kids!

Thanks for joining us in the journey!



Pastor Andres Peralta
General Conference
Director for Club Ministries



Early Bird Checklist

Name: _____ Date Started: _____ Date Completed: _____

Basic Requirements

1. Recite the Adventurer Law
2. Complete the Story Listening II award
3. Complete the Birds award

My God [choose at least one section]

1. God's Plan to Save Me
 - a. Colour a story chart or lapbook about the people in the Bible who prayed: Samuel, Daniel, Jonah, David
 - b. Learn how to pray independently
 - c. Earn the Jesus Star award
2. God's Message to Me
 - a. Complete the Bible Friends II award
3. God's Power in My Life
 - a. Have a regular family worship time in your home. Keep a record
 - b. Ask someone you know why they pray
 - c. Complete the God's World award

My Self [choose at least one section]

1. I Am Special
 - a. Complete the Left & Right award
2. I Can Make Wise Choices
 - a. Complete the Manners Fun award
3. I Can Care for My Body
 - a. Complete the Know Your Body award

My Family [choose at least one section]

1. I Have a Family
 - a. Say the fifth commandment: "Honour your father and your mother" (Exodus 20:12)
2. Families Care for Each Other
 - a. Complete the Helping at Home award
3. My Family Helps Me Care for Myself
 - a. Complete the Fire Safety award

My World [choose at least one section]

1. The World of Friends
 - a. Complete the My Community Friends award
2. The World of Other People
 - a. Complete the Playing with Friends award
3. The World of Nature
 - a. Complete the Scavenger Hunt awardThe World of Nature
4. Other awards that may be earned by Early Birds include:
 - Alphabet Fun
 - Animal Homes
 - Animals
 - Beginning Biking
 - Beginning Swimming
 - Birds
 - Crayons & Markers
 - Gadgets and Sand,
 - Jigsaw Puzzle,
 - Pets.

Instructor Checklist

Basic Requirements

1. _____
2. _____
3. _____

My God

1. _____
 - a. _____
 - b. _____
2. _____
 - a. _____
3. _____
 - a. _____
 - b. _____
 - c. _____

My Self

1. _____
 - a. _____
2. _____
 - a. _____
3. _____
 - a. _____

My Family

1. _____
 - a. _____
2. _____
 - a. _____
3. _____
 - a. _____

My World

1. _____
 - a. _____
2. _____
 - a. _____
3. _____
 - a. _____

1

- Recite the Adventurer Law

Adventurer Law

Jesus can help me to:

Be obedient
Be pure
Be true
Be kind
Be respectful

Be attentive
Be helpful
Be thoughtful
Be reverent

2

Complete the Story Listening II award

- 1. Listen to two age-appropriate books, not read before, from the following categories:
 - a. Bible
 - b. Missions
 - c. Friends or family
 - d. Nature



- 2. Tell the person who read to you what you like most about each story. Be sure to tell them something about the main “character” in each story. (Note taking area for adult care givers).

- _____
- _____
- _____
- _____

- 3. Tell the person who read to you “thank you” OR make a craft that you give them that tells them you are thankful.

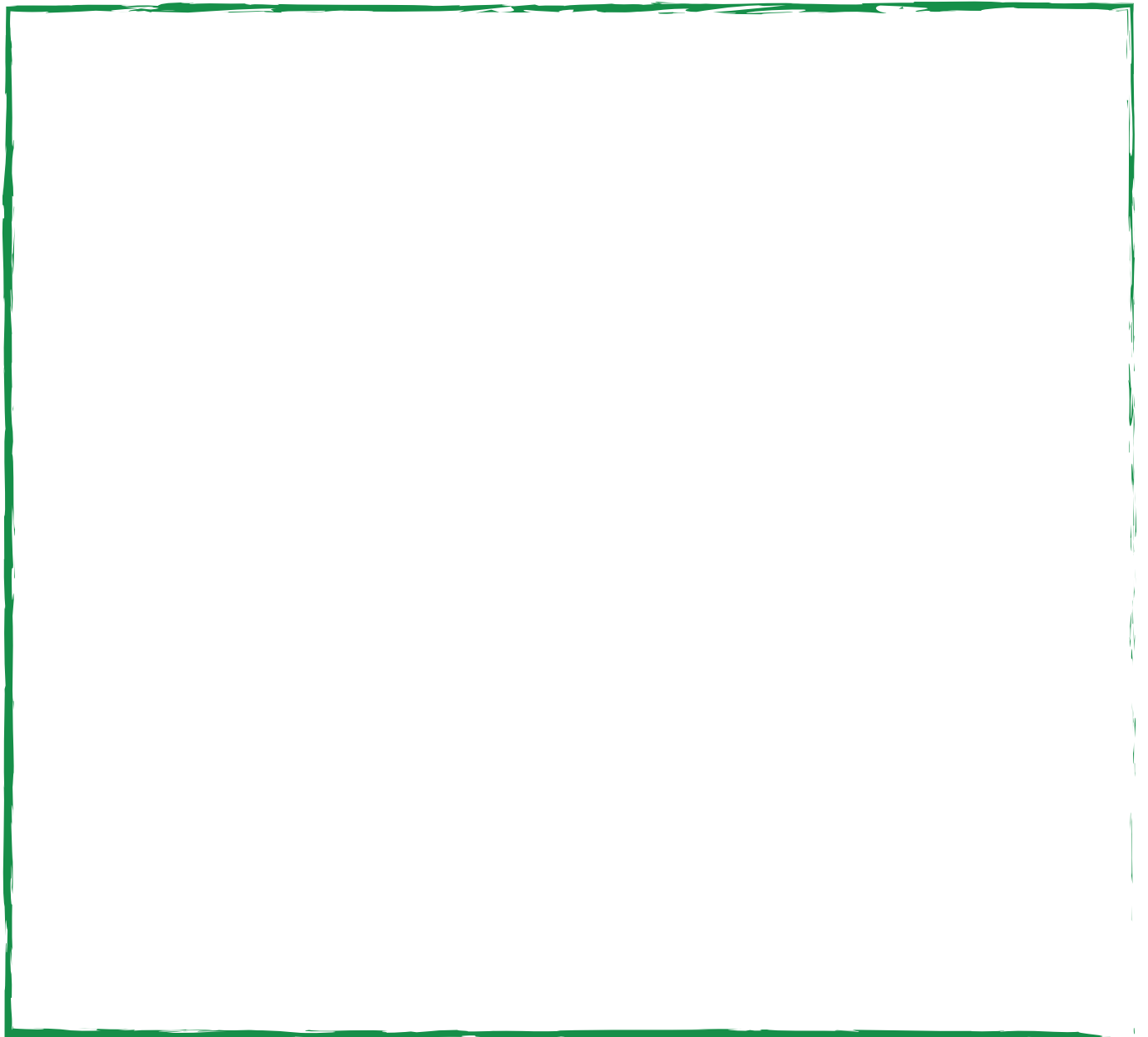


2

The Birds award


○ 1. Name five birds you can see around your home. (Note taking area for adult care givers)

- _____
- _____
- _____
- _____
- _____



- 2. Name the official bird of your region, province, state, or nation. (Note taking area for adult care givers)

• _____

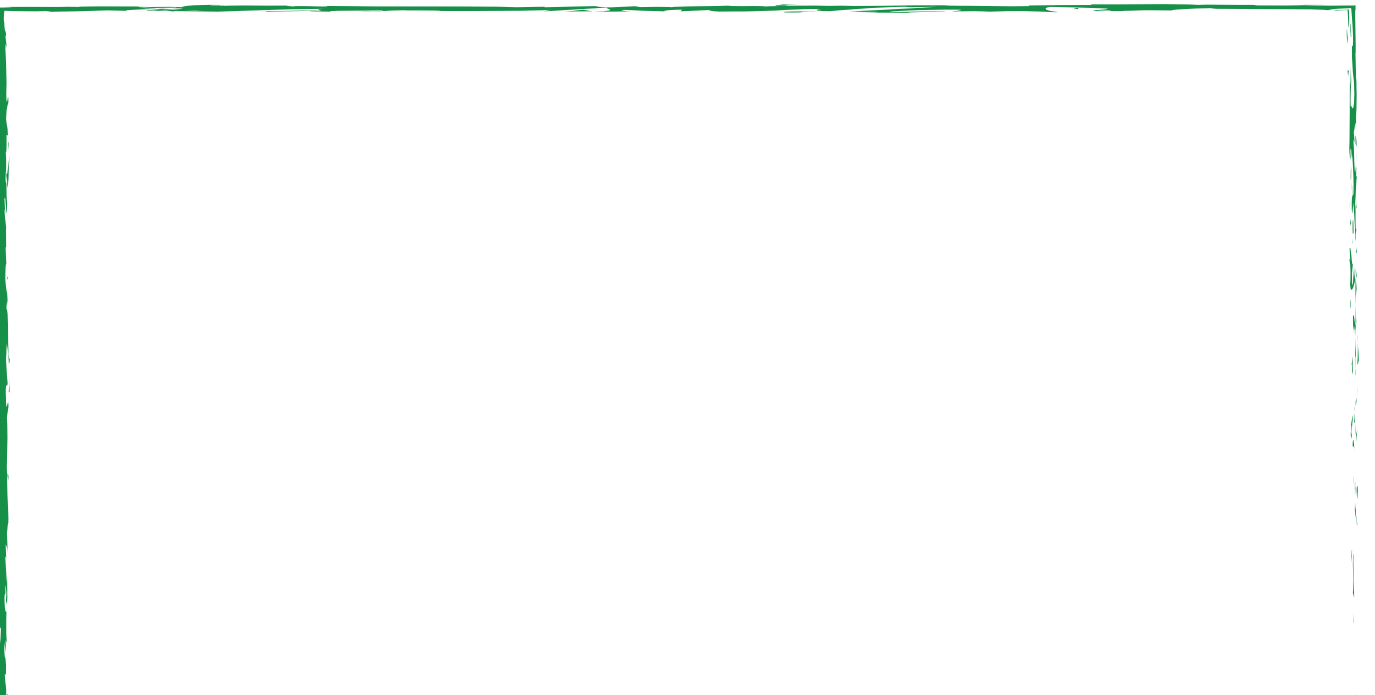


- 3. Name three kinds of foods birds eat.

• _____

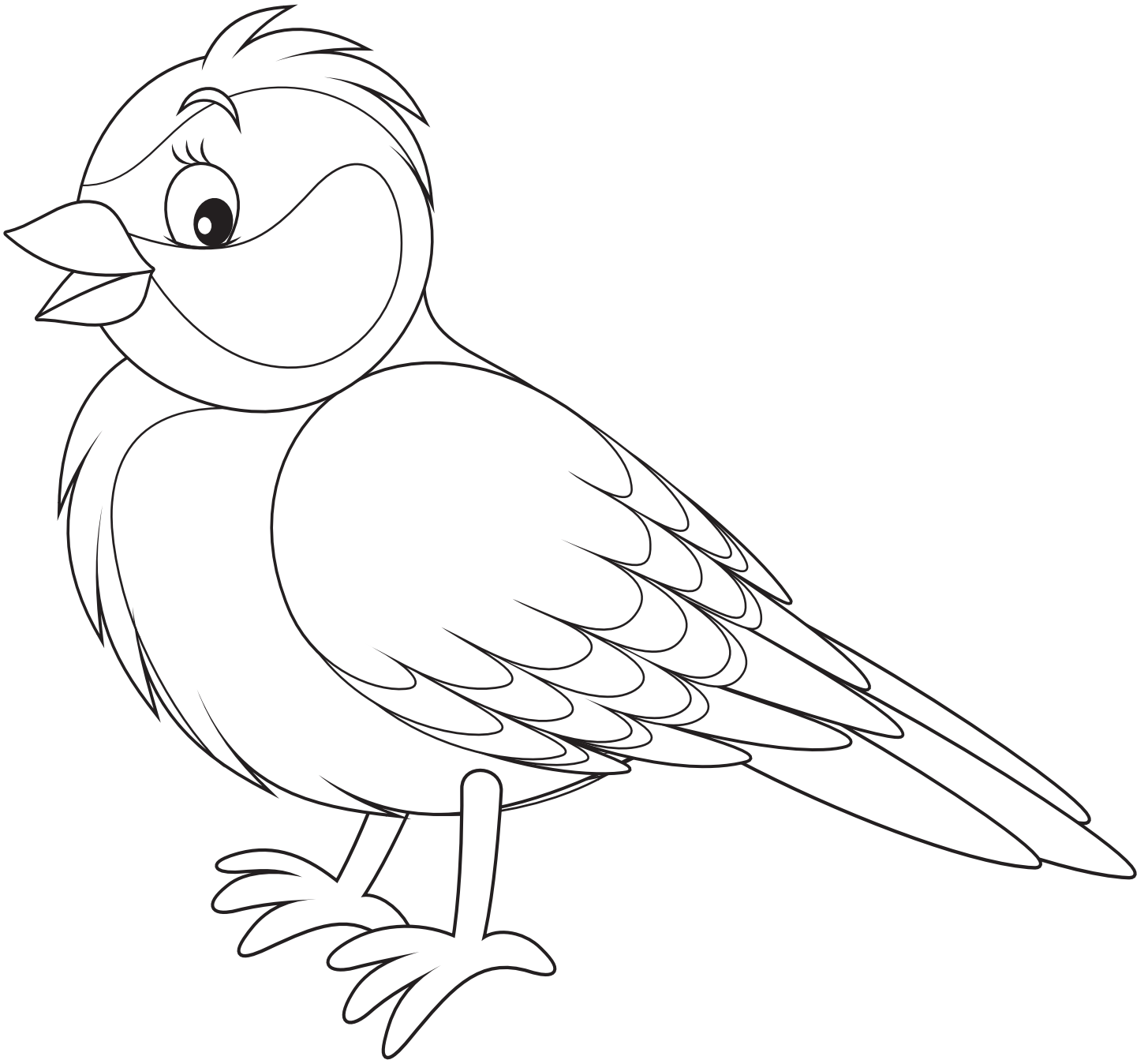
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• _____



BASIC

- 4. Using a picture of a bird, use a mixture of bird seeds to fill it in to make a bird-seed decoration.



- 5. Make a bird feeder and hang it outside where you can see it. Count how many birds come to feed from it.
- 6. Tell two bible stories that mention a bird. (Note taking area for adult care givers)
 - _____
 - _____
- 7. Know two bird sounds and pretend you are that bird. (Note taking area for adult care givers)
 - _____
 - _____
- 8. Read a book or watch a media clip about a bird(s) you might be able to see in the wild. (Note taking area for adult care givers)
 - _____
 - _____

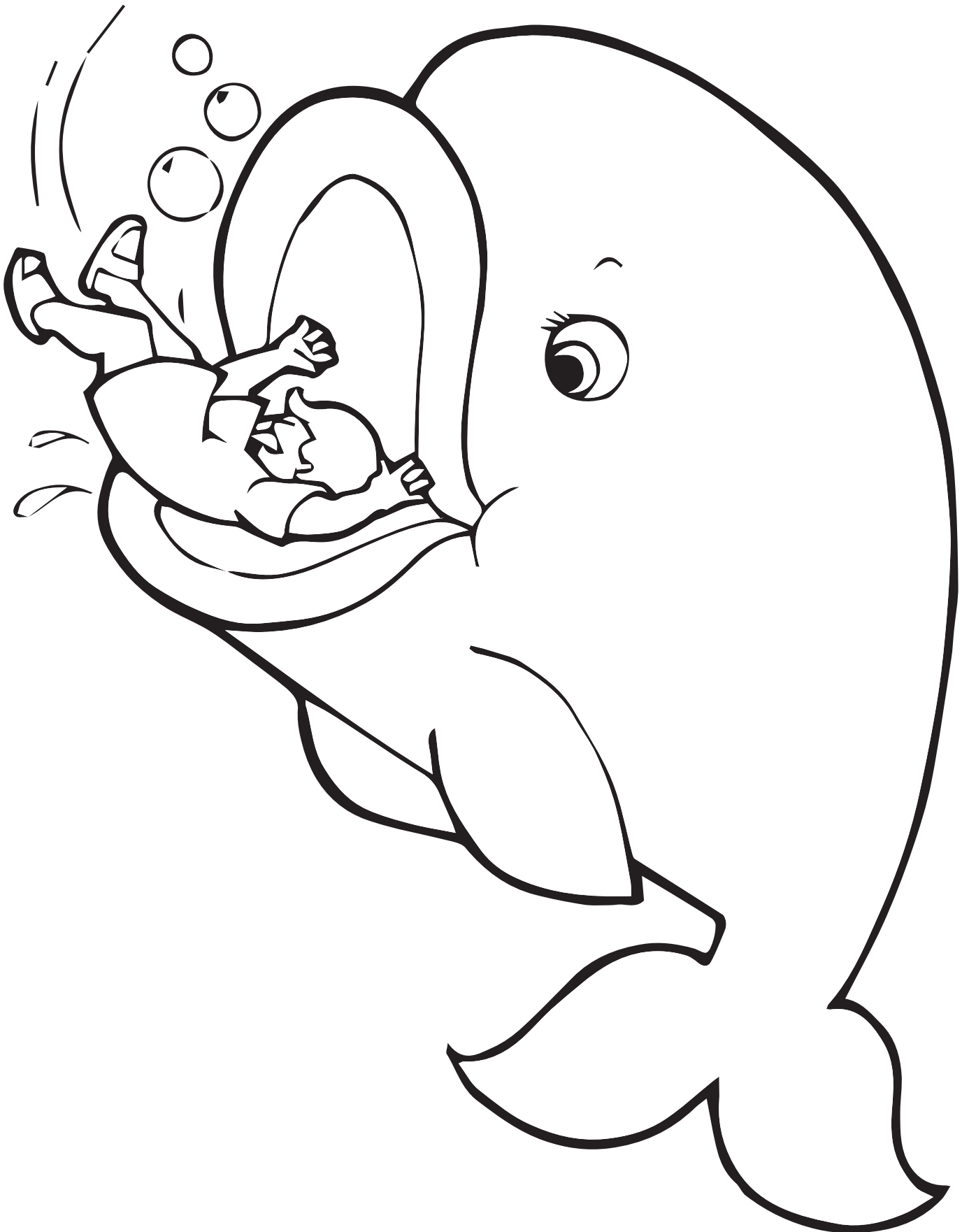


1

- Colour a story chart or lap-book about people in the Bible who prayed: Samuel, Daniel, Jonah, David









b. Learn how to pray independently.

C.

Complete the Jesus Star award

- 1. Who created the stars and on what day?
- 2. How did the wise men know Jesus was born?
- 3. Identify which direction Jesus will come from?
- 4. Draw, cut out, or colour a star.
- 5. Locate the North Star. Visit a planetarium or view stars at night.





2

Complete the Bible Friends II award

- 1. What does it mean to be a friend?
- 2. Name three Bible Friends.
 - _____
 - _____
 - _____
- 3. Who is your favourite Bible friend? Tell a story about that person.
- 4. Dress up and act out a story about a Bible friend.
- 5. Tell three things you can do to be a friend for Jesus.

- _____
- _____
- _____

3

○ Have a regular family worship time in your home. Keep a record.

WEEK ONE



WEEK TWO

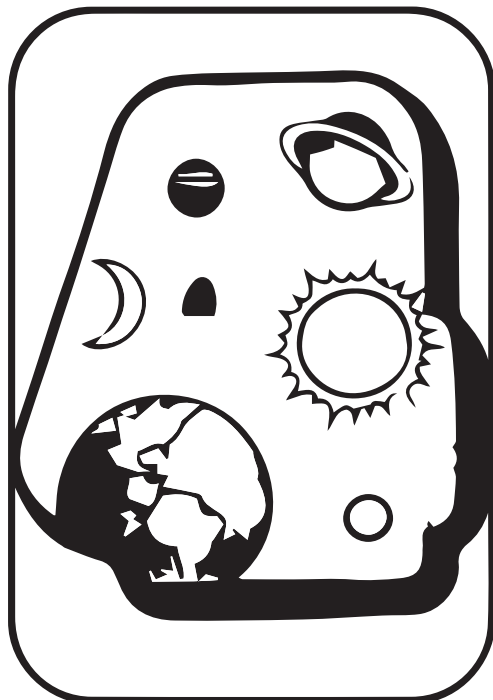
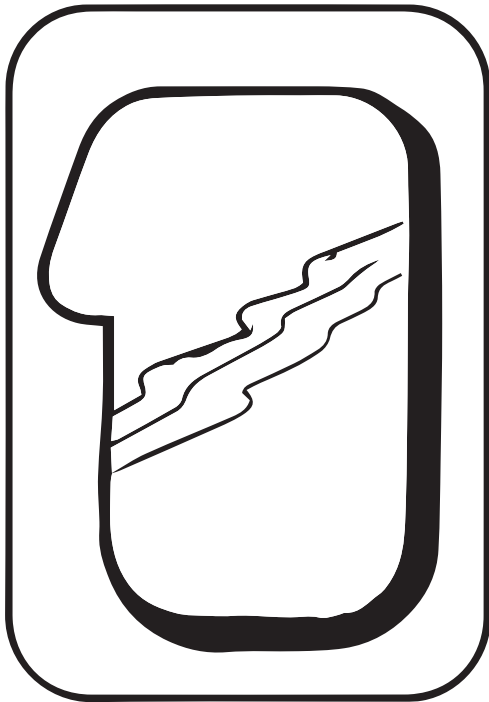


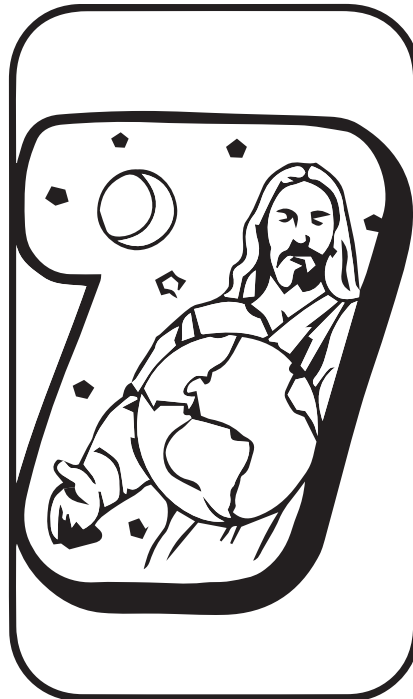
b.

- Ask someone you know why they pray.

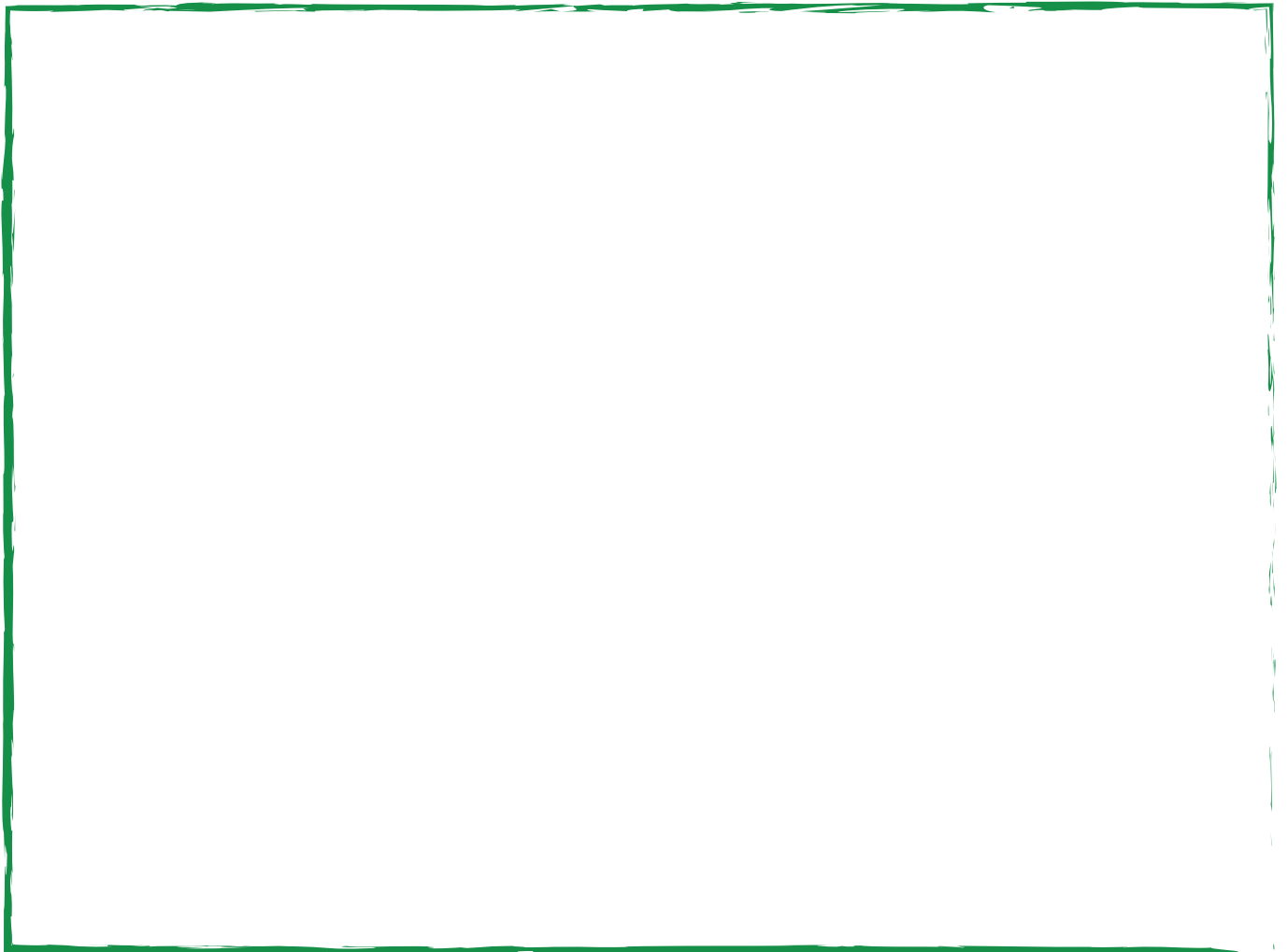
Complete the God's World award.

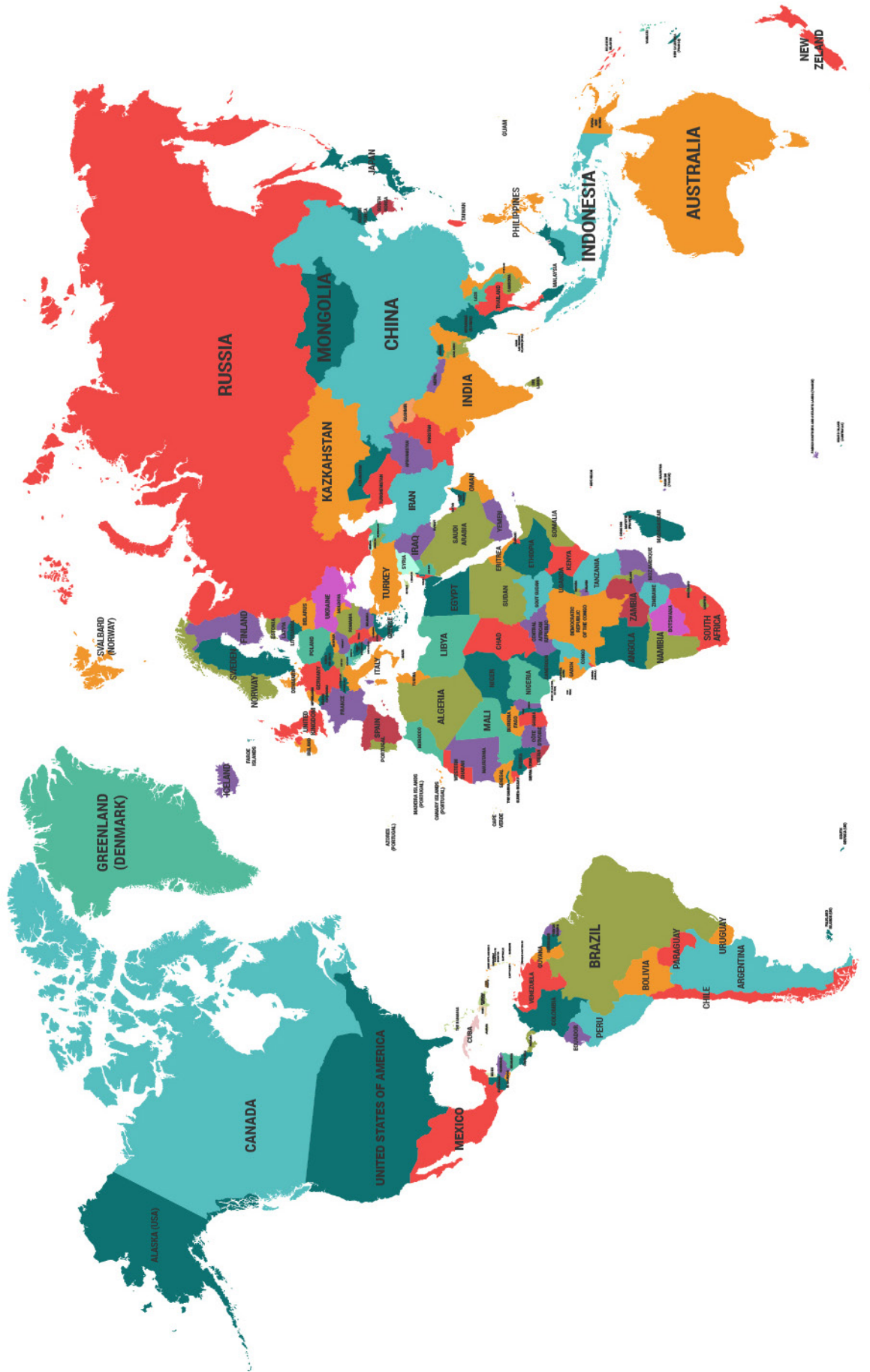
- 1. Who made our world? (Learn Genesis 1:1).





- 2. Act out the story of creation while someone reads or tells it..
- 3. Sing a song about your world.
- 4. Look at a globe or map and show and show where you live (next page).
- 5. Name five (5) of your favourite things God created for you. (Note taking area for adult care givers)
 - _____
 - _____
 - _____
 - _____
 - _____
- 6. Make a collage, colour a picture of God's world, or take a walk outside and find things He made.





1

Complete the Left & Right award.

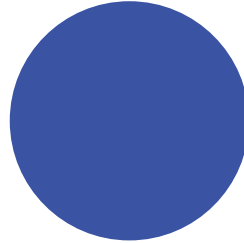
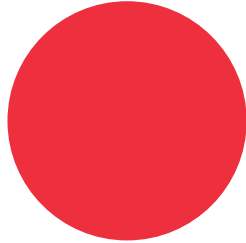
- 1. Play "Simon Says" using left/right.

- 2. Which hand do you draw with? Print your name.

• _____

- 3. Put red dot stickers on the fingers of your left hand. Put blue dot stickers on your right hand.

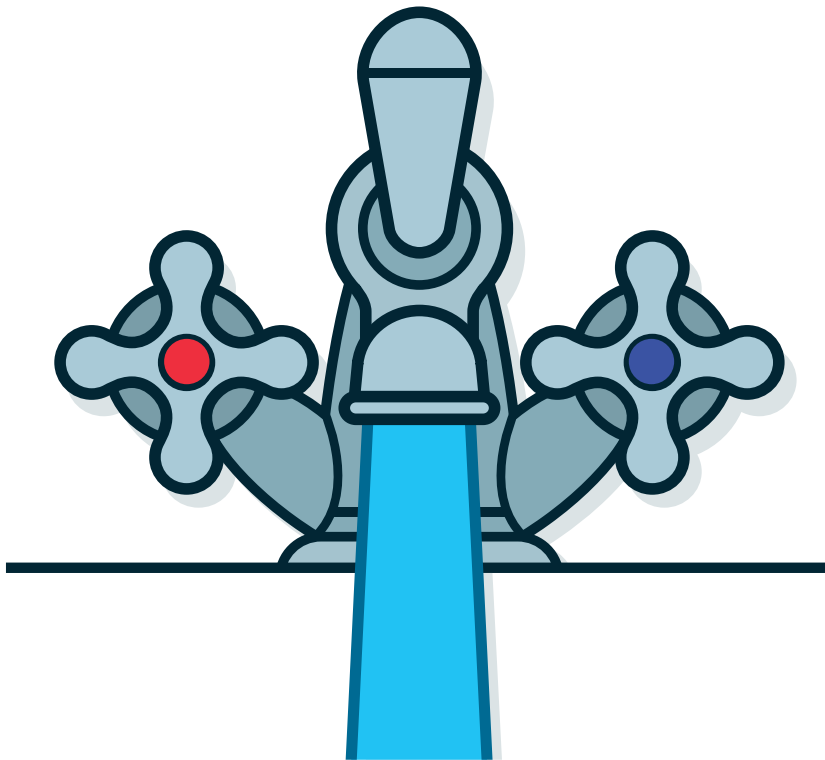
Note: Teach this requirement with #4



- 4. Which side of a faucet is the hot water? Which side is cold?

HOT

COLD



- 5. Put your shoes on the correct feet.
- 6. Practice marching while chanting, "Left, Right, Left."

2

Complete the Manners Fun award.

- 1. Learn the Golden Rule (Matthew 7:12).

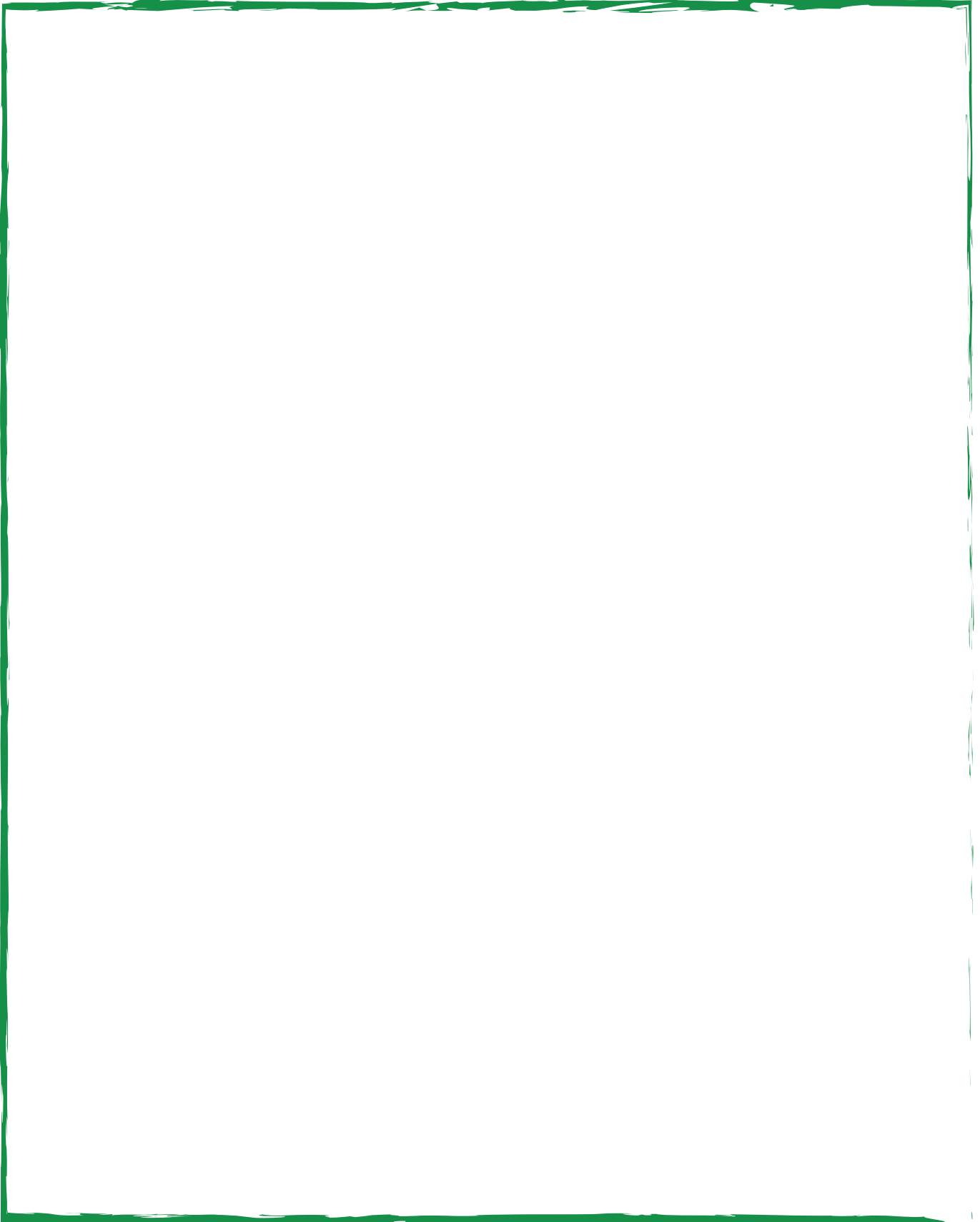
Matthew 7:12

“Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.”

- 2. What are five politeness words used in your culture to demonstrate good spoken manners?



- 3. Draw or cut and paste pictures to illustrate one of these politeness words.





- 4. Play a game using five politeness words.

Politeness words	1	2	3	4	5	6	7	8	9	10
PLEASE										
THANK YOU										
YOU'RE WELCOME										
EXCUSE ME										
I'M SORRY										

3

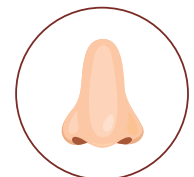
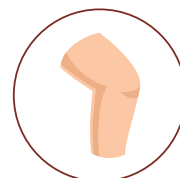
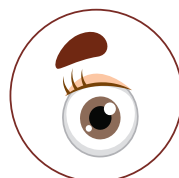
Complete the Know Your Body award.

1. Learn I Corinthians 6:19.

I Corinthians 6:19. (CEB)

“Or don’t you know that your body is a temple of the Holy Spirit who is in you? Don’t you know that you have the Holy Spirit from God, and you don’t belong to yourselves?”

2. Name twelve parts of your body.
3. Draw your body and label the twelve parts.
4. What are knees for?
5. What does your face do for you and others?
6. Name some useful things you can do with your hands.
7. How can you use your mouth for Jesus?



Cue Cards

Blank lined area for writing cue cards.

Blank lined area for writing cue cards.

1

○ Say the fifth commandment: "Honour your father and your mother" (Exodus 20:12).

2

Complete the Helping at Home award.

- 1. What body parts do you use to help at home?
- 2. Circle which of the following you think you could do to help at home or draw your own.



- 3. From #2, pick one of the ways to help at home and help for one week.

	Way to help
Day #1	
Day #2	
Day #3	
Day #4	
Day #5	
Day #6	
Day #7	

- 4. Learn a song about helpers.



- 5. Have someone read you the story from a Bible or storybook.

3

Complete the Fire Safety award.

- 1. What should you do if your clothes catch on fire?
- 2. What should you do if there is smoke in your house and it's hard to breathe?
- 3. Memorise your phone number and street address.
 - PHONE NUMBER: _____
 - ADDRESS: _____
- 4. What phone number do you call if there is a fire? What do you tell the person who answers the phone?
 - PHONE NUMBER: _____
- 5. Either visit a fire department or have a fireman or fire truck and team visit your group.



1

Complete the My Community Friends award.

1. Name five (5) different friends who live in your community. (Note taking area for adult care givers)

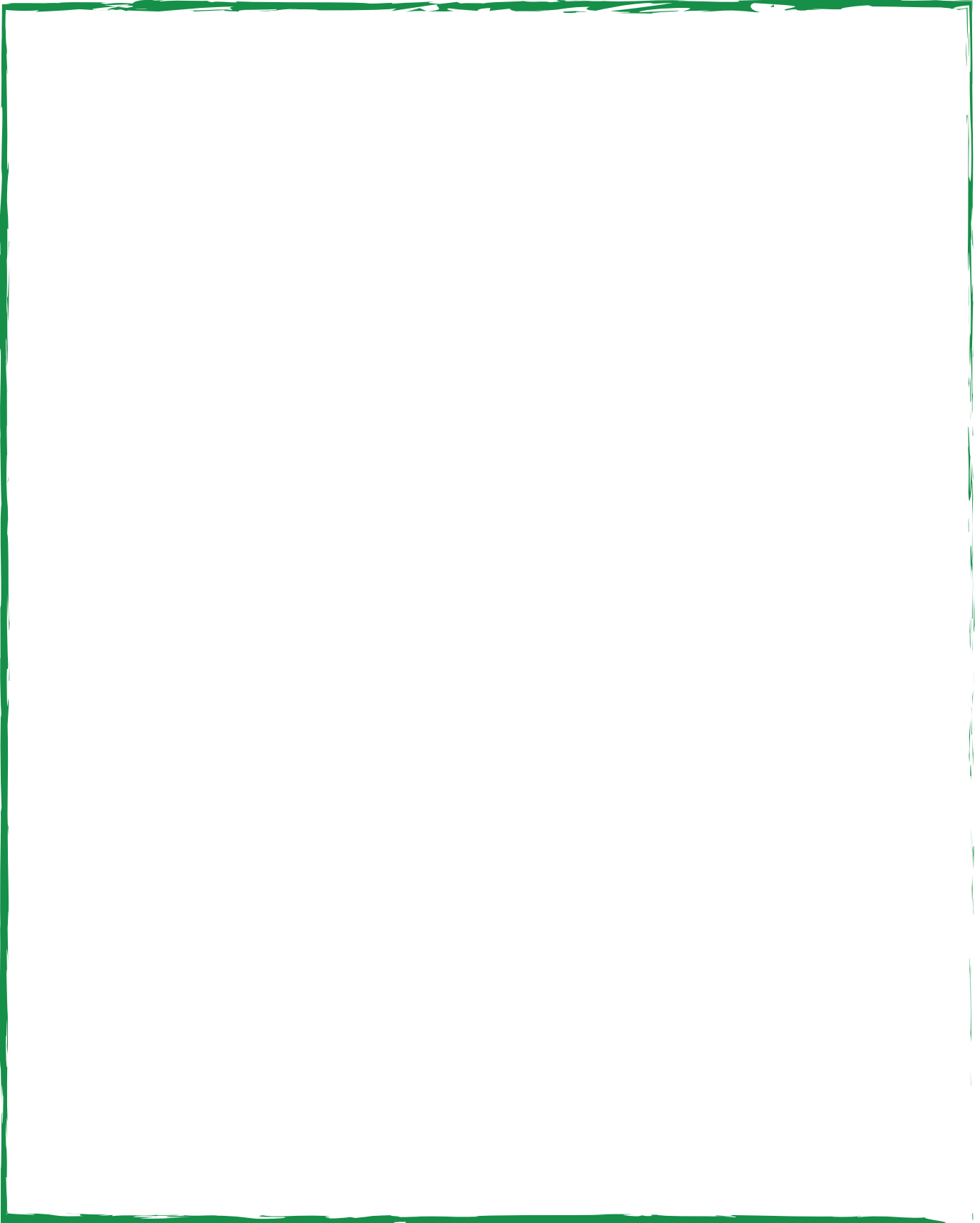
- _____
- _____
- _____
- _____

2. Make a scrapbook or collage of your neighbourhood friends, including at least five (5) different people (on the next 5 pages).

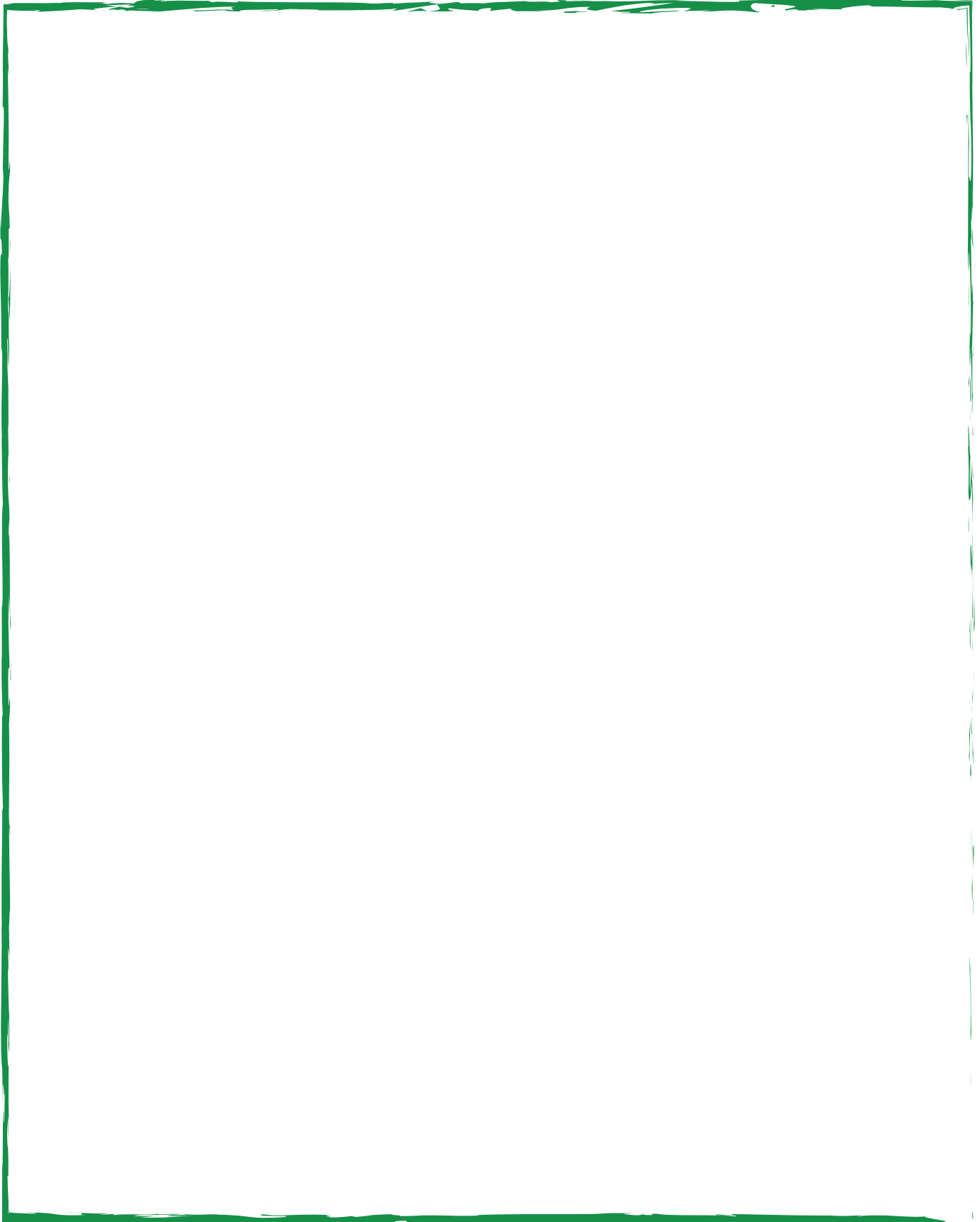
3. Tell three (3) things that you and your friends can do to make your neighbourhood a better place. (Note taking area for adult care givers)

- _____
- _____
- _____

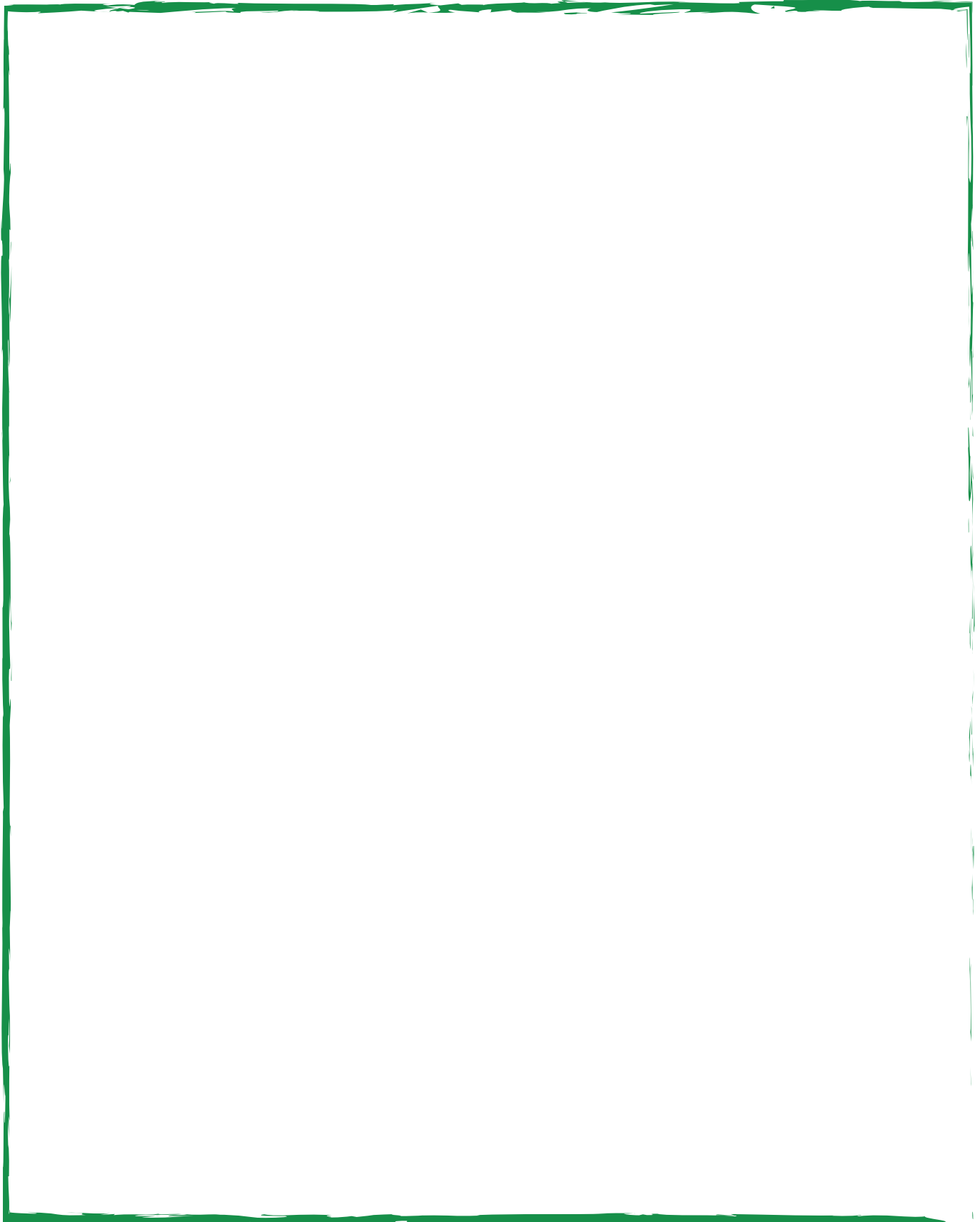
1 - My Friend



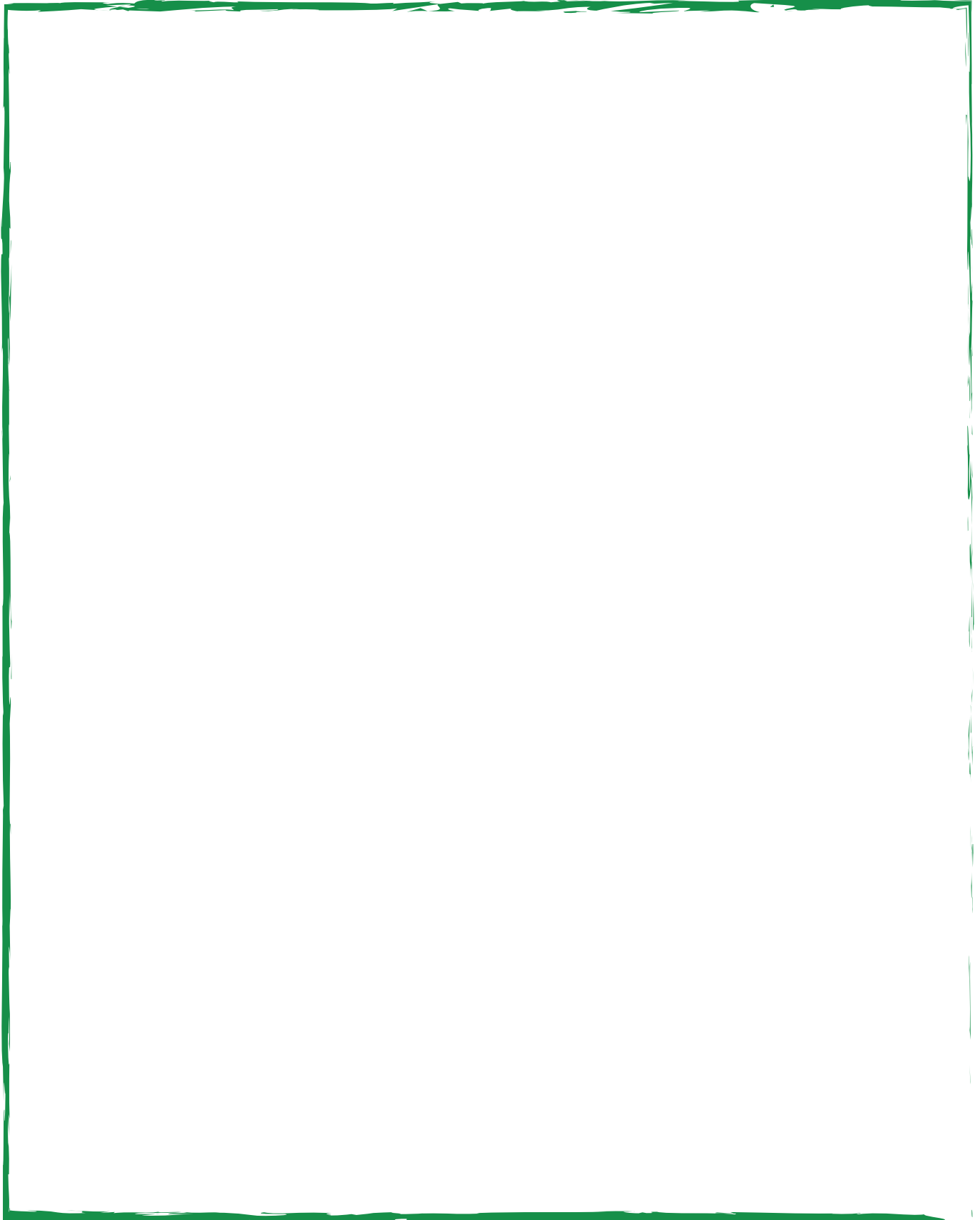
2 - My Friend



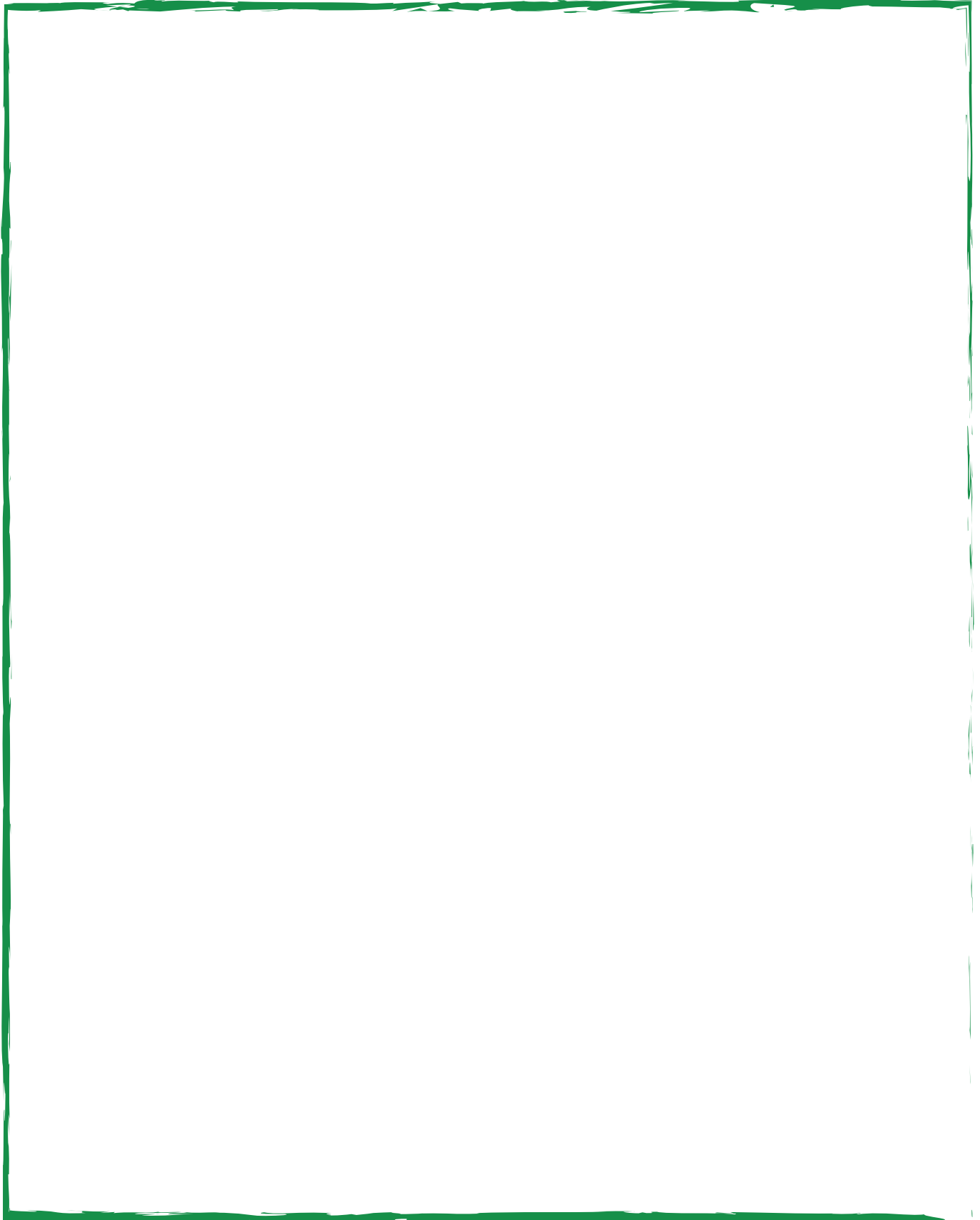
3 - My Friend



4 - My Friend



5 - My Friend



- 4. Tell one of your friends that Jesus loves them.

JESUS
LOVES
ME





- 5. Do something nice for a community friend.

What to Do



Which Community Friend



- 6. Make a new friend in your neighbourhood.

2

Complete the Playing with Friends award.



- 1. What is a friend?
- 2. Name three ways you can make friends.
(Note taking area for adult care givers)

- _____
- _____
- _____

- 3. Name four things you can talk about to be friendly with someone. (Note taking area for adult care givers)

- _____
- _____
- _____
- _____

- 4. Name four things you need to think about when choosing a friend. (Note taking area for adult care givers)

- _____
- _____
- _____
- _____

- 5. Name three ways that you can know a person is a right friend for you. (Note taking area for adult care givers)

- _____
- _____
- _____

- 6. Did Jesus have friends? Have an adult help you find a story in the Bible about some of His friends. (Note taking area for adult care givers)

- _____

- 7. Make a craft to give to your friend.



- 8. Do your choice of one of the following:
 - Learn a song about friends.
 - Make a scrapbook about a new friend.
 - Learn or experience a poem about a friend.
 - Tell a story about a friend.

3

Complete the Scavenger Hunt award.

- 1. Go on a scavenger hunt with one of your parents, a teacher, or another adult.
- 2. Find two items in nature (rock, pebble, feather, nuts, leaves, etc.).
- 3. Find something relating to a Bible story (small basket = Moses, cotton, lamb's wool, stones = altar, multi-colored material Joseph's coat, etc.). Talk about the story.
- 4. Find something that is red (flower, piece of material, colour crayon, etc.).
- 5. Find a plastic egg (or another type of container), open it and share with another Early Bird. (Can put grapes, raisins, candy, or whatever you like.)

SCAVENGER HUNT AWARD CHECKLIST

REQUIREMENT 2: FIND TWO ITEMS IN NATURE

- rock/pebble
- feather
- nuts
- yellow leaf
- a tiny wildflower
- a stick shaped like a letter
- brown leaf
-

REQUIREMENT 3: FIND SOMETHING RELATING TO A BIBLE STORY

- small basket = Moses, cotton, lamb's wool
- stones = altar, multi-coloured material Joseph's coat
-
-

REQUIREMENT 4: FIND SOMETHING THAT IS RED

- flower
- piece of material
- colour crayon
-

REQUIREMENT 5: FIND A PLASTIC EGG (OR ANOTHER TYPE OF CONTAINER)

- plastic egg
- another container
-

1

Additional awards which Early Birds could earn.

- 1. Alphabet Fun
- 2. Animal Homes
- 3. Animals*
- 4. Beginning Biking
- 5. Beginning Swimming
- 6. Crayons and Markers*
- 7. Gadgets and Sand
- 8. Jigsaw Puzzle*
- 9. Pets
- 10. Shapes & Sizes*
- 11. Sponge Art*
- 12. Stamping Fun
- 13. Toys*

* = Suggested award in annual plan, though not required for Early Bird pin.



