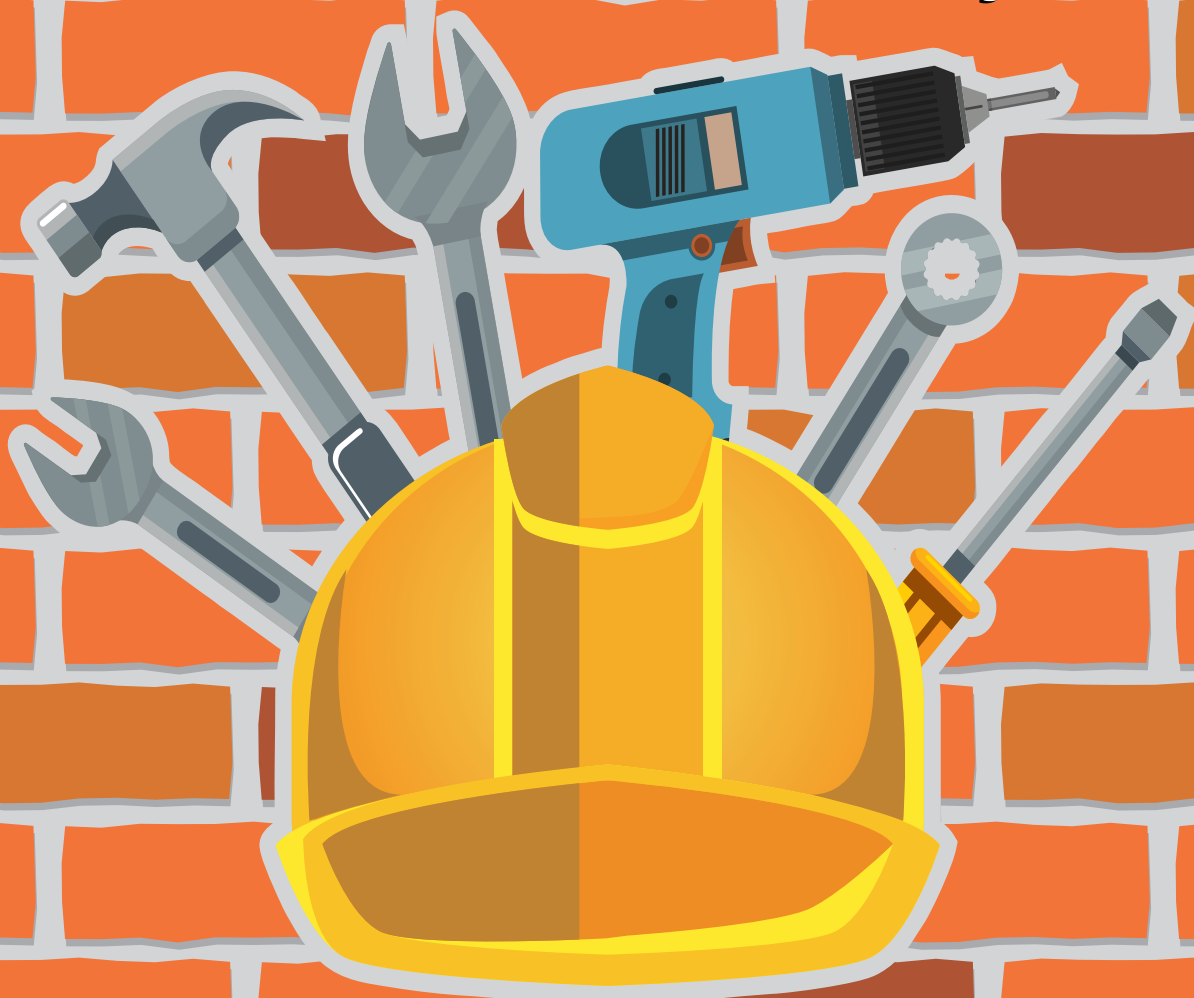


# Builder

Activity Book



This book belongs to \_\_\_\_\_

**Northern Conference Edition**

**General Conference Youth Ministries Department**



# Builder

Activity Book



**Northern Conference**

**General Conference Youth Ministries Department**

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# Builder Checklist

Name: \_\_\_\_\_ Date Started: \_\_\_\_\_ Date Completed: \_\_\_\_\_

## Basic Requirements

1. Repeat from memory the Adventurer Pledge and Law
2. Explain the Pledge and Law through art or skit
3. Complete the Reading III Award
4. Complete the Building Blocks Award

## My God

1. God's Plan to Save Me
  - a. Create a story chart showing the order in which these stories took place: Noah, Abraham, Moses, Ruth, David, Daniel, Esther
  - b. Make a diorama, poem, or song about one of the stories above to show someone how to live for God
2. God's Message to Me
  - a. Complete the Bible III (red) (formerly titled Bible II) Award
3. God's Power in My Life
  - a. Spend regular quiet time with Jesus to talk with Him and learn about Him. Keep a record
  - b. Ask three people who their favourite Bible hero is (other than Jesus) and why
  - c. Complete the Prayer Award

## My Self

1. I Am Special
  - a. Put together a scrapbook, poster, or collage, showing some things you can do to serve God and others
2. I Can Make Wise Choices
  - a. Complete the Media Critic Award
  - b. Complete the Wise Steward Award

3. I Can Care for My Body
  - a. Complete the Temperance Award

## My Family

1. I Have a Family
  - a. Share one way your family has changed over time. Share how these changes make you feel
  - b. Find a story in the Bible about a family like yours
2. Families Care for Each Other
  - a. Learn how to play a game through which each of your family members show appreciation to each of the other members of the family
  - b. Complete the Family Helper Award
3. My Family Helps Me Care for Myself
  - a. Complete the First Aid Helper Award

## My World

1. The World of Friends
  - a. Complete the Caring Friend Award
2. The World of Other People
  - a. Know and explain your national anthem and flag
  - b. Name your country's capital, and the leader of your country
3. The World of Nature
  - a. Complete a nature Award not previously earned, such as:
    - Bodies of Water
    - Insects
    - Stars
    - Weather or
    - Zoo Animals

## Instructor Checklist

### Basic Requirements

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

### My God

1.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
2.
  - a. \_\_\_\_\_
3.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_

### My Self

1.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
2.
  - a. \_\_\_\_\_
3.
  - a. \_\_\_\_\_

### My Family

1.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
2.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
3.
  - a. \_\_\_\_\_

### My World

1.
  - a. \_\_\_\_\_
2.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
3.
  - a. \_\_\_\_\_

# BASIC

1

- Repeat from memory the Adventurer Pledge and Law.

2

- Explain the Pledge and Law through art or skit.

## Adventurer Pledge

“Because Jesus loved me, I will always do my best.”



## Jesus can help me to:

- Be obedient
- Be pure
- Be true
- Be kind
- Be respectful
- Be attentive
- Be helpful
- Be cheerful
- Be thoughtful
- Be reverent



## 3

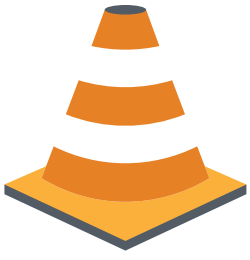
### ○ Complete the Reading III Award

Awarded to Adventurers who read, or listen while someone else reads:

- 1. Three chapters from the book of Acts from a modern translation of the Bible.
- 2. A Bible story or book about Jesus.
- 3. A book on health or safety.
- 4. A book on family, friends, or feelings.
- 5. A book on history or missions.
- 6. A book on nature.







# Reading Log



Name: \_\_\_\_\_

Month: \_\_\_\_\_

Name of book	Author	Date completed	Comments

## 4

### ○ Complete the Building Blocks Award

- 1. Find in the Bible and review three (3) or more of the stories listed below:
  - a. Noah (Gen 6-7);
  - b. Tower of Babel (Gen 11:1-9);
  - c. Abram's tent (Gen 12:1-8);
  - d. Wilderness tabernacle (Ex 25-27);
  - e. Solomon's temple (1 Chronicles 28:1-10, 2 Chronicles 3-5);
  - f. Manger (Luke 2:1-20);
  - g. Wise man and foolish man (Luke 6:47-49);
  - h. New Jerusalem (Rev. 21-22).
- 2. After reading the Bible stories in requirement 1, list some things that were the same and things that were different about all the building projects (materials, location, size, purpose). Why was each building project built?

Story 1: \_\_\_\_\_

Story 2: \_\_\_\_\_

Story 3: \_\_\_\_\_

3. Invite a builder or carpenter to talk about the:
- a. tools he uses (display and demonstrate)
  - b. kinds of things he builds
  - c. safety rules he follows
  - d. values like being honest, measuring carefully, following instructions/plans, setting a strong foundation

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4. Share 2 choices that you can make this week that will build up and not break down your character.
5. Discuss how a building and its foundation are a lot like our lives and our choices. Read & discuss 1 Corinthians 3:11 and Phillipians 4:8 as part of your answer.
6. Read Revelations 21-22
- a. Learn about the heavenly home that God is making for all who choose His gift of eternal life.
  - b. What building materials is He using?

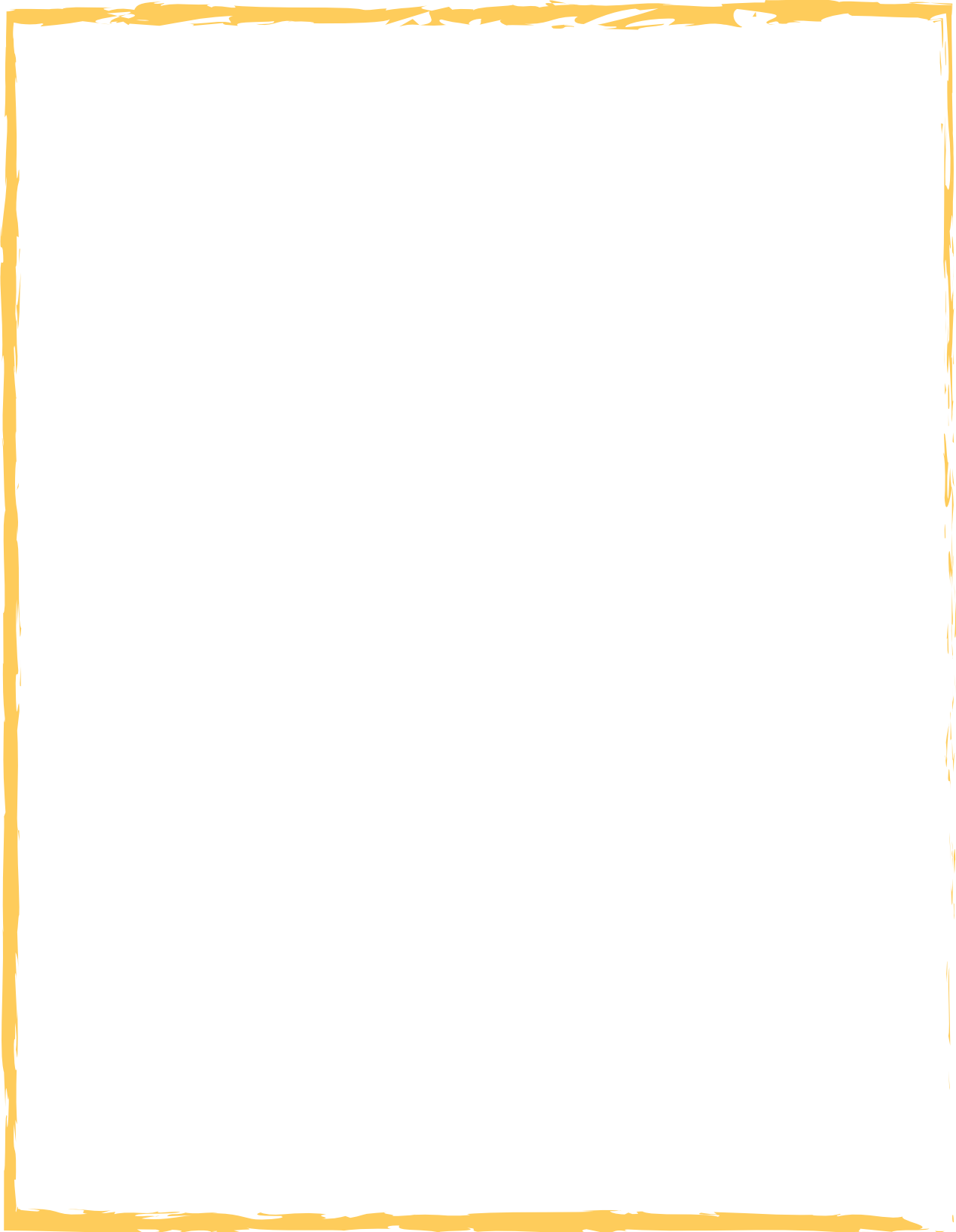
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- c. Why should we wish to be in heaven?



- 7. Construct one or more buildings of any size or type. You may work individually or in teams.



1

○ Create a story chart showing the order in which these stories took place:  
Noah, Abraham, Moses, Ruth, David, Daniel & Esther.

A story chart template consisting of seven empty rectangular boxes with orange borders and yellow arrows pointing right, arranged in three rows (3, 3, and 1 box respectively).

- Make a diorama, poem, or song about one of the stories above to show someone how to live for God.

**Story**

- Noah
- Abraham
- Moses
- Ruth
- David
- Daniel
- Esther

**Project**

- Diorama
- Poem
- Song



## 2

- Complete the Bible III Award
  
- 1. Earn the Bible II Award.
- 2. Recite in order the books of the Old Testament.
- 3. Tell or act out the following Bible stories:
  - a. Noah
  - b. Abraham
  - c. Moses
  - d. David
  - e. Daniel
- 4. Read or listen to a Bible story.
- 5. Memorise and explain three of the following verses about living for Jesus:
  - a. Exodus 20:11-17
  - b. Philippians 4:13
  - c. Philippians 2:13
  - d. 1 John 2:1, 2
- 6. Play two games to help you remember the Bible stories.



3

○ Spend regular quiet time with Jesus to talk with Him and learn about Him. Keep a record.

## FAMILY *worship* TIME RECORD

	Week 1	Week 2	Week 3	Week 4
Sun				
Mon				
Tue				
Wed				
Thu				
Fri				
Sat				



b.

○ Ask three people who their favourite Bible hero is (other than Jesus) and why.

**Name**

**Bible Heroes**

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C.

Complete the Prayer Award

- 1. Explain why we pray and what things we pray for and how we pray. Read Isaiah 40:31
- 2. Read Matthew 6:5-15, the Lord's Prayer.
- 3. Pray to God and Jesus 3 times a day for one week. Read 1 Thessalonians 5:17
- 4. Teach someone you know about praying and say a prayer with him/her.
- 5. Do three (3) or more of the following:
  - a. Make a prayer request chart and ask people if they have a prayer request and pray for them.
  - b. Lead out in a club opening or closing prayer.
  - c. Make a card with a prayer in it and give it to someone.
  - d. Ask the Pastor about prayer.
  - e. Have a prayer breakfast for kids and parents.
  - f. Make a prayer journal and see how God answers prayer.



# The Prayer



 **Begin with prayer & thanksgiving (thumb)**

Matthew 6:9 Pray then like this: "Our Father in heaven, hallowed be your name."

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 **Pray for God's will & for opportunities for ministry (index finger)**

Matthew 6:10 Your kingdom come, your will be done, on earth as it is in heaven.

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 **Pray for God to provide your needs, spiritual & physical (middle finger)**

Matthew 6:11 Give us this day our daily bread.

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 **Ask for forgiveness, and pray for others who have mistreated you (ring finger)**

Matthew 6:12 and forgive us our debts, as we also have forgiven our debtors.

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 **Pray for spiritual growth and the power of the Spirit of God to lead us and deliver us (pinkie)**

Matthew 6:13 And lead us not into temptation, but deliver us from evil.

1

- Put together a scrapbook, poster, or collage, showing some things you can do to serve God and others.



2

○ Complete the Media Critic Award

- 1. Explain what is meant by the term “media.” Cite four examples.
- 2. Memorise Philippians 4:8 and discuss three principles that help us form good reading, viewing and listening habits.

### Philippians 4:8

“Finally, brethren, whatever things are \_\_\_\_\_, whatever things are \_\_\_\_\_, whatever things are \_\_\_\_\_, whatever things are \_\_\_\_\_, whatever things are of \_\_\_\_\_, if there is any \_\_\_\_\_ and if there is anything praiseworthy—\_\_\_\_\_ on these things.”



- 3. Keep a log of the time you spend each day with the different types of media. Note whether the media is Christ-centered or secular. Do this for two weeks.

# Media Time Log

	<i>Week 1</i>	<i>Week 2</i>
Sun		
Mon		
Tue		
Wed		
Thu		
Fri		
Sat		

- 4. Do one of the following with an adult then become a “media critic” and discuss the merits of each:
  - a. watch television
  - b. read a story
  - c. listen to a recording
- 5. With an adult, use a television guide, book club listing, etc., to choose what you will read or watch next week.
- 6. After your teacher reads the beginning of a short story, make up your own ending.



**b.**

Complete the Wise Steward Award

1. Find a Bible verse which tells who owns everything on earth.

2. Describe a wise steward.

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3. Find, read and explain Malachi 3:8-10.

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4. Fill out your own tithe envelope and give it at church in the offering plate.

5. Make a poster showing some of the things Sabbath School offerings are used for.

6. Listen to the story of a widow in the Bible and her small offering.

7. Tell how and why wise stewards will care for their belongings.





## 3

- Complete the Temperance Award
  - 1. Read and discuss:
    - a. 1 Corinthians 6:19-20
    - b. 1 Corinthians 3:17
  - 2. Tell what is meant by:
    - a. Drug abuse
    - b. Temperance
  - 3. Do one of the following:
    - a. Talk to a doctor/nurse or discuss with another adult the harm in using:
      - i. Tobacco
      - ii. Alcohol
      - iii. Other drugs
    - b. Watch and discuss a film or video on the dangers of using any of the above.
  - 4. Tell why some people choose to smoke, drink alcohol, or use drugs. Tell how we can choose not to use them ourselves.
  - 5. Plan a skit encouraging others to say “NO” and perform it with your group.
  - 6. Make an anti-smoking, anti-drug, or anti-alcohol design and paint it on a T-shirt. OR Create a poster showing the dangers of drug abuse.
  - 7. Identify two famous persons who do not use any tobacco, drugs, or alcohol, and who are among the best in their field. OR Interview two people you know who live happily and healthfully without using tobacco, drugs, or alcohol, and discuss with them their reasons for not using those things.



1

Share one way your family has changed. Share how these changes make you feel.

Find a story in the Bible about a family like yours (if possible).



**2**

○ Learn how to play a game through which each of your family members show appreciation to each of the other members of the family.

**b.**

○ Complete the Family Helper Award

○ 1. Read and discuss the following Bible verses:

- a. Philippians 2:14
- b. John 15:12
- c. Psalm 118:7
- d. Galatians 6:9

○ 2. Who is a family helper?

○ 3. Discuss things I can do to be a helper.

○ 4. Keep a log for three (3) weeks listing how you have been a helper.

- a. Each week, discuss with your mentor the progress you have made that week.
- b. Discuss the ways you have helped and which was your favourite.
- c. Discuss what ways you could have helped differently.

	Day 1	Day 2	Day 3	Day 4	Day 5
Week 1	What I did:	What I did:	What I did:	What I did:	What I did:
Week 2					
Week 3					
Week 4					

- 5. Make a thank you card/note for your parent/guardian thanking them for everything they do for you.



## 3

- Complete the First Aid Helper Award
  - 1. Demonstrate how to treat an abrasion or a cut, and describe the dangers of a dirty dressing.
  - 2. Describe how to care for a nosebleed.
  - 3. Identify and make a display of different types of bandages.
  - 4. Make a simple first-aid kit and learn uses of included items.
  - 5. Sterilise one of the following and tell why each is an important item to have in your first-aid kit.
    - a. Tweezers
    - b. Thermometer
    - c. Needle
  - 6. Visit an emergency-care facility to learn about some of the emergencies they care for.
  - 7. Play “hospital” and practice your skills on the above emergencies.
  - 8. Describe and draw the First Aid symbol.

9. Name a time when Jesus gave first aid to someone who was bleeding badly.



1

- Complete the Caring Friend Award
- 1. Explain how you can be a Caring Friend. Find, read and memorise I Peter 5:7.

“Cast all your anxiety on him because he cares for you”

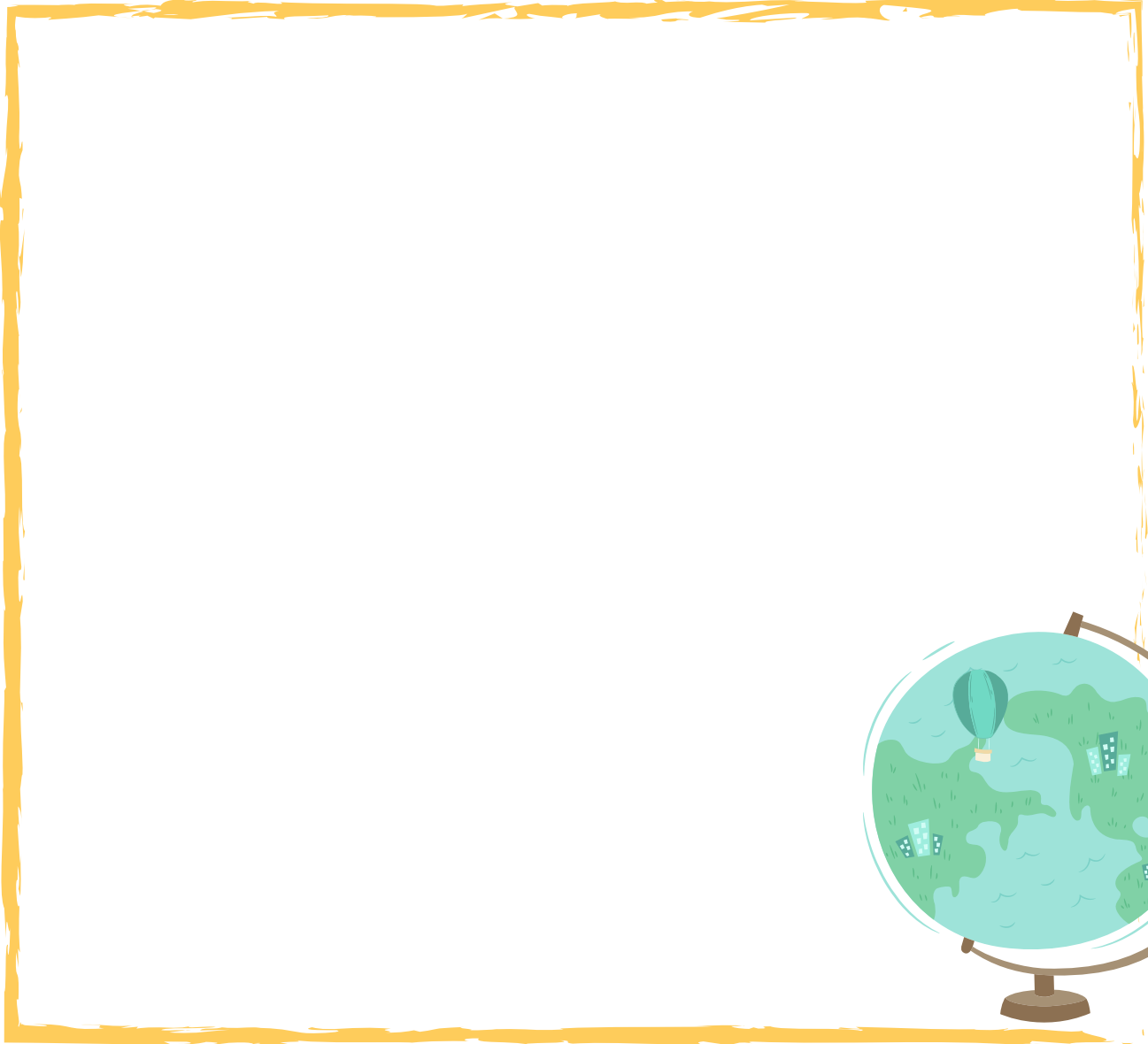
- 2. Talk to a person and ask the following:
  - a. the day and month (s)he was born  
\_\_\_\_\_
  - b. his/her favourite animals  
\_\_\_\_\_
  - c. two of his/her favourite colors  
\_\_\_\_\_
  - d. three favourite foods  
\_\_\_\_\_
  - e. four things that are important to him/her  
\_\_\_\_\_
  - f. have your new friend tell you about his/her last trip  
\_\_\_\_\_
- 3. Visit a shut-in or older person and take something to him/her. Use the questions in #2 as a basis for your conversation.
- 4. Tell one of the persons in #2 or #3 above how Jesus loves you and that He loves him/her also.
- 5. Show how you can become a caring person to your parents by:
  - a. helping to keep your room clean
  - b. helping in the kitchen with preparation or cleanup
  - c. doing extra chores without being told
- 6. Tell of something special you have done for a friend.





2

○ Know and explain your national anthem and flag



○ Name your country's capital, and the leader of your country.

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3

○ Complete a nature Award not previously earned



